# A QUANTITATIVE MODULUS OF CONTINUITY FOR THE TWO-PHASE STEFAN PROBLEM 

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Abstract. We derive the quantitative modulus of continuity

$$
\omega(r)=\left[p+\ln \left(\frac{r_{0}}{r}\right)\right]^{-\alpha(n, p)}
$$

which we conjecture to be optimal, for solutions of the $p$-degenerate two-phase Stefan problem. Even in the classical case $p=2$, this represents a twofold improvement with respect to the 1984 state-of-the-art result by DiBenedetto and Friedman [10], in the sense that we discard one logarithm iteration and obtain an explicit value for the exponent $\alpha(n, p)$.

## 1. Introduction

This paper concerns the local behaviour of bounded weak solutions of the degenerate two-phase Stefan problem

$$
\begin{equation*}
\partial_{t}\left[u+\mathcal{L}_{h} H_{a}(u)\right] \ni \operatorname{div}\left[|D u|^{p-2} D u\right], \quad p \geq 2, \tag{1.1}
\end{equation*}
$$

where $H_{a}$ is the Heaviside graph centred at $a \in \mathbb{R}$, defined by

$$
H_{a}(s)= \begin{cases}0 & \text { if } s<a  \tag{1.2}\\ {[0,1]} & \text { if } s=a \\ 1 & \text { if } s>a\end{cases}
$$

and $\mathcal{L}_{h}>0$. Our main result is the derivation of the explicit, interior modulus of continuity

$$
\begin{equation*}
\omega(r):=\left[p+\ln \left(\frac{r_{0}}{r}\right)\right]^{-\alpha(n, p)}, \quad 0<r \leq r_{0} \tag{1.3}
\end{equation*}
$$

which we conjecture to be optimal.
An extensive literature, both from the theoretical and the computational points of view, is available for the classical Stefan problem

$$
\begin{equation*}
\partial_{t}\left[u+\mathcal{L}_{h} H_{0}(u)\right] \ni \triangle u \tag{1.4}
\end{equation*}
$$

corresponding to the case $p=2$, which is a simplified model to describe the evolution of the configuration of a substance which is changing phase, when convective effects are neglected. The function $u$ represents the temperature and the value $u=0$ is the level at which the change of phase occurs; the height $\mathcal{L}_{h}$ of the jump of the graph $\mathcal{L}_{h} H_{0}(\cdot)$ corresponds to the latent heat of fusion and a selection of the graph is called the enthalpy of the problem. For simplicity, we consider $\mathcal{L}_{h} \leq 1$ from now on. The case of study of positive solutions (note we are taking $a=0$ in

[^0](1.4)) is usually called one-phase Stefan problem, while if no sign assumptions are made on $u$ we are dealing with the two-phase Stefan problem; see [14, 22] for the deduction of (1.4) from the classic formulation, which goes back to Stefan at the end of the nineteenth century [29] and has been subsequently developed in [18, 24]. We mention that the model (1.4) also finds applications in finance [25], biology related to the Lotka-Volterra model [6], and flows of solutes or gases in porous media [26].

Clearly (1.4) and (1.1) need to be understood using an appropriate notion of (weak) solution, and the one we employ is that of differential inclusion in the sense of graphs, see Definition 1.9; other approaches can be used and the most noticeable one is that of viscosity solutions in the sense introduced by Crandall and Lions, and developed by Caffarelli; see [2] and the recent survey by Salsa [28]. Notice that weak solutions are viscosity solutions once one knows they are continuous (and in fact they are, see the following lines); under an additional conditions (namely, $\{u=0\}$ is negligible) the converse also holds true, see [19].

For the one-phase Stefan problem (1.4), continuity of weak solutions has been proved by Caffarelli and Friedman in [5], with an explicit modulus of continuity:

$$
C\left[\ln \left(\frac{r_{0}}{r}\right)\right]^{-\epsilon}, \quad \text { if } n \geq 3 ; \quad C 2^{-\left[\ln \left(\frac{r_{0}}{r}\right)\right]^{\gamma}}, \quad \text { if } n=2
$$

for a positive constant $C$, for any $0<\epsilon<\frac{2}{n-2}$ and for any $0<\gamma<\frac{1}{2}$. For the two-phase problem, continuity was proved, almost at the same time, by Caffarelli and Evans [4] for (1.4), and by DiBenedetto [7], who considered more general, nonlinear structures for the elliptic part, albeit with linear growth with respect to the gradient, and lower order terms depending on the temperature, which is relevant when convection is taken into account:

$$
\begin{equation*}
\partial_{t}\left[u+H_{0}(u)\right] \ni \operatorname{div} a(x, t, u, D u)+b(x, t, u, D u), \quad a(x, t, u, D u) \approx D u \tag{1.5}
\end{equation*}
$$

see also [33, 27]. More general structures including multi-phase Stefan problem were considered in [13]. Moreover, in the first of their celebrated papers about the gradient regularity for solutions of parabolic $p$-Laplace equations, DiBenedetto and Friedman state (without proof) that the method of the paper yields as modulus of continuity for the solutions of the two-phase Stefan problem

$$
\begin{equation*}
\omega(r)=\left[\ln \ln \left(\frac{A r_{0}}{r}\right)\right]^{-\sigma}, \quad \text { for some } A, \sigma>0 \tag{1.6}
\end{equation*}
$$

see [10, Remark 3.1]; this seems to be the first instance in which an explicit modulus of continuity appears in the study of the two-phase Stefan problem. Details are somehow pointed out in [8], where DiBenedetto shows that, in the case of Hölder continuous boundary data, the solution of the Cauchy-Dirichlet problem for equation (1.5) has modulus of continuity (1.6), giving a quantitative form to the up-to-the-boundary continuity result previously proved by Ziemer in [33]. These, to the best of our knowledge, are the last quantitative results concerning the continuity of the solutions of the classical two-phase Stefan problem.

For the degenerate case, $p>2$ in (1.1), very little is known. Existence was obtained by one of the authors in [30] using an approximation method; subsequently he proved the continuity [31] of at least one of them, in the spirit of [7], circumventing the additional difficulties resulting from the presence of the $p$-Laplacian in the elliptic part. The continuity proof only leads to an implicit modulus of continuity.

Our derivation of the modulus of continuity (1.3) represents an improvement with respect to the state-of-the-art in several ways: we discard an iteration of the logarithm, reaching what we conjecture to be the sharp, optimal modulus of continuity for the two-phase Stefan problem; we determine the precise value of the exponent $\alpha$ in terms of the data of the problem; we cover the degenerate case $p>2$ and we provide a comprehensive proof.
1.1. Statement of the problem and main result. More generally, we shall consider the following extension of (1.1):

$$
\begin{equation*}
\partial_{t}\left[\beta(u)+\mathcal{L}_{h} H_{a}(\beta(u))\right] \ni \operatorname{div} \mathcal{A}(x, t, u, D u) \quad \text { in } \Omega_{T}:=\Omega \times(0, T), \tag{1.7}
\end{equation*}
$$

where $\Omega$ is a bounded domain of $\mathbb{R}^{n}, n \geq 2 . H_{a}$ is defined in (1.2), $\beta: \mathbb{R} \rightarrow \mathbb{R}$ is a $C^{1}$-diffeomorphism such that $\beta(0)=0$ and satisfying the bi-Lipschitz condition

$$
\Lambda^{-1}|u-v| \leq|\beta(u)-\beta(v)| \leq \Lambda|u-v|
$$

for some given $\Lambda \geq 1$ and the vector field $\mathcal{A}$ is measurable with respect to the first two variables and continuous with respect to the last two, satisfying, in addition, the following growth and ellipticity assumptions:

$$
\begin{equation*}
|\mathcal{A}(x, t, u, \xi)| \leq \Lambda|\xi|^{p-1}, \quad\langle\mathcal{A}(x, t, u, \xi), \xi\rangle \geq \Lambda^{-1}|\xi|^{p} \tag{1.8}
\end{equation*}
$$

the previous inequalities are intended to hold for almost any $(x, t) \in \Omega_{T}$ and for all $(u, \xi) \in \mathbb{R} \times \mathbb{R}^{n}$. We consider the bi-Lipschitz function $\beta$ in order to include thermal properties of the medium, which may slightly change with respect to the temperature, as already done in [7, 23].

Definition 1.9. A local weak solution to equation (1.7) is a function

$$
u \in L_{\mathrm{loc}}^{\infty}\left(0, T ; L_{\mathrm{loc}}^{2}(\Omega)\right) \cap L_{\mathrm{loc}}^{p}\left(0, T ; W_{\mathrm{loc}}^{1, p}(\Omega)\right)=: V_{\mathrm{loc}}^{2, p}\left(\Omega_{T}\right)
$$

such that a selection $v \in \beta(u)+\mathcal{L}_{h} H_{a}(\beta(u))$ satisfies the integral identity

$$
\left.\int_{\mathcal{K}}[v \varphi](\cdot, \tau) d x\right|_{\tau=t_{1}} ^{t_{2}}+\int_{\mathcal{K} \times\left[t_{1}, t_{2}\right]}\left[-v \partial_{t} \varphi+\langle\mathcal{A}(\cdot, \cdot, u, D u), D \varphi\rangle\right] d x d t=0
$$

for all $\mathcal{K} \Subset \Omega$, almost every $t_{1}, t_{2} \in \mathbb{R}$ such that $\left[t_{1}, t_{2}\right] \Subset(0, T)$ and for every test function $\varphi \in L_{\mathrm{loc}}^{p}\left(0, T ; W_{0}^{1, p}(\mathcal{K})\right)$ such that $\partial_{t} \varphi \in L^{2}\left(\mathcal{K} \times\left[t_{1}, t_{2}\right]\right)$.

We assume in this paper that a local weak solution can be obtained as a locally uniform limit of locally Hölder continuous solutions to (1.7) for a regularized graph, see Section 2.1. In [3] we construct such a solution for the Cauchy-Dirichlet problem with continuous boundary datum; we derive, in addition, an explicit modulus of continuity up to the boundary. We refer to [15, 22] for the existence of weak solutions for bounded Cauchy-Dirichlet data in the case $p=2$. For the case $p>2$ the solution, whose existence can be retrieved from [31], is known to be unique just for homogeneous Dirichlet data, see [17].

Our main result is the derivation of a quantitative modulus of continuity for local weak solutions to (1.7).

Theorem 1.1. Let $u$ be a local weak solution to (1.7), obtained by approximation, and let

$$
\alpha:= \begin{cases}\frac{p}{n+p} & \text { for } p<n  \tag{1.10}\\ \text { any number }<\frac{1}{2} & \text { for } p=n \\ \frac{1}{2} & \text { for } p>n\end{cases}
$$

Then there exist constants $M, L$ and $c_{*}$, larger than one and depending only on $n, p, \Lambda$ and $\alpha$, such that, considering the modulus of continuity

$$
\begin{equation*}
\omega(r)=L\left[p+\ln \left(\frac{r_{0}}{r}\right)\right]^{-\alpha} \tag{1.11}
\end{equation*}
$$

and cylinders

$$
\begin{equation*}
\bar{Q}_{r}^{\omega(\cdot)}:=B_{r}\left(x_{0}\right) \times\left(t_{0}-M \max \left\{\underset{\Omega_{T}}{\operatorname{osc}} u, 1\right\}^{2-p}[\omega(r)]^{(2-p)(1+1 / \alpha)} r^{p}, t_{0}\right) \tag{1.12}
\end{equation*}
$$

we have that if $\bar{Q}_{r_{0}}^{\omega(\cdot)} \subset \Omega_{T}$, then

$$
\begin{equation*}
\underset{\bar{Q}_{r}^{\omega(\cdot)}}{\operatorname{osc}} u \leq c_{*} \omega(r) \max \left\{\underset{\Omega_{T}}{\operatorname{osc}} u, 1\right\} \tag{1.13}
\end{equation*}
$$

holds for all $r \in\left(0, r_{0}\right]$.
Remark 1.14. By choosing $M$ large enough, it is rather straightforward to see that the above defined space-time cylinders $\bar{Q}_{r}^{\omega(\cdot)}$ satisfy

$$
\bar{Q}_{r_{1}}^{\omega(\cdot)} \subset \bar{Q}_{r_{2}}^{\omega(\cdot)} \subset \bar{Q}_{r_{0}}^{\omega(\cdot)}
$$

whenever $0<r_{1} \leq r_{2} \leq r_{0}$. Moreover, $r \mapsto \omega(r)$ is concave for $0<r \leq r_{0}$. For details, see Section 4.

Remark 1.15. Observe that, in the above theorem, $\alpha$ can be taken arbitrarily close to $1 / 2$ in the case $p=n$; however, the constants $c_{*}$ and $M$ in Theorem 1.1 blow up as $\alpha \uparrow 1 / 2$.
1.2. Some notes about the proof. We explain here, briefly and formally, the main ideas behind the continuity proofs, which can perhaps be blurred by the technical details.

We shall work with approximate solutions $u_{\varepsilon}$ and show ultimately that

$$
\underset{\bar{Q}_{r}^{\omega(\cdot)}}{\operatorname{osc}} u_{\varepsilon} \leq c_{*} \omega(r) \max \left\{\underset{\Omega_{T}}{\operatorname{osc}} u, 1\right\}+c \varepsilon,
$$

where $\omega(\cdot)$ and $\bar{Q}_{r}^{\omega(\cdot)}$ are defined in (1.11)-(1.12), $u_{\varepsilon}$ is the solution to the approximating equation (2.1) and $c$ does not depend on $\varepsilon$. From this it will be easy to deduce Theorem 1.1 simply by taking the limit as $\varepsilon \downarrow 0$ and using the convergence of $u_{\varepsilon}$ to $u$.

After fixing a cylinder $Q \equiv \bar{Q}_{r_{0}}^{\omega(\cdot)}$ as above, we can suppose, up to translation and rescaling, that $\sup u=\operatorname{osc} u \leq 1$ on $Q$ (we are omitting the $\varepsilon$ for simplicity). Moreover, we can clearly suppose that osc $u>\omega(r)$ and also that the jump is in the interval $[\operatorname{osc} u / 2, \operatorname{osc} u]$ (note that if the jump is outside $[0, \operatorname{osc} u]$ there is nothing to prove, since we are dealing with the parabolic $p$-Laplace equation in $Q$ ), see subsection 3.1. Next we fix a classical alternative: either $\sup u=\operatorname{osc} u$ is greater than $\omega(r) / 4$ in a large portion of the cylinder $\widetilde{Q}_{r}^{\omega(\cdot)} \subset Q$ (Alt. 1 ), or this does not
hold (Alt. 2). Here, $\widetilde{Q}_{r}^{\omega(\cdot)}$ is an appropriate cylinder, whose time-scale differs from that used for $\bar{Q}_{r}^{\omega(\cdot)}$.

In the case that (Alt. 1) holds true, we truncate the solution below the jump, obtaining a weak supersolution to the parabolic $p$-Laplace equation, and we use the weak Harnack inequality, together with (Alt.1) to lift up the infimum of $u$, therefore reducing the oscillation. Note that here we shall use that the jump belongs to the interval $[\operatorname{osc} u / 2, \operatorname{osc} u]$ in order to have enough room to make the truncation possible.

In the second case, we use Caccioppoli's inequality to perform a De Giorgi iteration, starting from (Alt. 2). We have to use two tools in order to rebalance the high degeneracy of the problem, caused both by the jump (which produces an $L^{1}$ term on the right-hand side of the energy estimate, see (2.8)) and by the degeneracy of the $p$-Laplacian: the latter is rebalanced by the size of the cylinder, which depends on $\omega(r)$, see $\widetilde{T}_{r}^{\omega(\cdot)}$ in (2.5), while the former is rebalanced by the fact that we introduce $\omega(r)$ in the size conditions of the alternatives, see again (Alt.1)-(Alt. 2). Notice that, in the case $p=2$, the cylinders we consider are the standard parabolic ones, $B_{r}\left(x_{0}\right) \times\left(t_{0}-M r^{2}, t_{0}\right)$, for a large but universal constant $M$; hence, for the logarithmic continuity for the classical Stefan problem (1.4), the trick essentially consists in rebalancing the presence of the jump with an alternative involving the modulus of continuity itself. Having reduced the supremum of $u$ on a part of the cylinder (see (3.13)), using the time scale given by $\widetilde{T}_{r}^{\omega(\cdot)}$, we forward this information in time using a logarithmic estimate and then perform another De Giorgi iteration, this time using the second time scale $T_{r}^{\omega(\cdot)}$ in (2.5) to rebalance the eventual degeneracy due to the $p$-Laplacian operator. Considering the two alternatives, we see that the choice of the modulus of continuity (1.3) is the correct one, allowing to merge the two different options and to make the iteration scheme work, see Section 4.

Finally, we would like to highlight the points of contact of our paper with the recent work [21], where sharp continuity results are proved for obstacle problems involving the evolutionary $p$-Laplacian operator. There, it is shown that, once considering obstacles with modulus of continuity $\omega(\cdot)$ (where here this expression has to be understood in an appropriate, intrinsic way), the solution has the same regularity, in the sense that it has the same modulus of continuity. In order to get such result, the authors have to deal with particular cylinders of the form (take as the center the origin, for simplicity)

$$
Q_{r}^{\lambda \omega(\cdot)}:=B_{r} \times\left(-[\lambda \omega(r)]^{2-p} r^{p}, 0\right), \quad \text { with } \quad \lambda \approx \frac{\operatorname{osc}_{Q_{r}^{\lambda \omega(\cdot)}} u}{\omega(r)}
$$

and where $u$ is the solution they are considering; these cylinders are the ones involved also in the intrinsic definition of the modulus of continuity and they allow to rebalance the inhomogeneity of the problem. This is an extension of DiBenedetto's approach to regularity for the parabolic $p$-Laplacian, see [1, 9, 32], where results are recovered as extremal cases of a family of general interpolative intrinsic geometries. Notice the similitude with the cylinders defined in (1.12) and the fact that we also have to deal with the further inhomogeneity given by the jump; this precisely reflects in the presence of the exponent $1+1 / \alpha$.
1.3. Notation. Our notation will be mostly self-explanatory; we mention here some noticeable facts. We shall follow the usual convention of denoting by $c$ a
generic constant, always greater or equal than one, that may vary from line to line; constants we shall need to recall will be denoted with special symbols, such as $\tilde{c}, c_{*}, c_{1}$ or the like. Dependencies of constants will be emphasised between parentheses: $c(n, p, \Lambda)$ will mean that $c$ depends only on $n, p, \Lambda$; they will often be indicated just after displays. The dependence of constants upon $\alpha$ (and on $\kappa$, see (3.4)) will be meaningful only in the case $p=n$; in the case $p<n$ this would just add a dependence on $n, p$ - see also Remark 1.15. Unless otherwise stated, we shall avoid to indicate the centre of the ball when it will be the zero vector: $B_{r}:=B_{r}(0)$.

Being $A \in \mathbb{R}^{k}$ a measurable set with positive measure and $f: A \rightarrow \mathbb{R}^{m}$ an integrable map, with $k, m \geq 1$, we shall denote with $(f)_{A}$ the averaged integral

$$
(f)_{A}:=f_{A} f(\xi) d \xi:=\frac{1}{|A|} \int_{A} f(\xi) d \xi
$$

We stress that with the statement "a vector field with the same structure as $\mathcal{A}$ " (or "structurally similar to $\mathcal{A}$ ", or similar expressions) we shall mean that the vector field $\mathcal{A}$ satisfies (1.8), possibly with $\Lambda$ replaced by a constant depending only on $n, p$ and $\Lambda$, and continuous with respect to the last two variables.

Finally, by $\ln \ln x$, for $x>1$, we will mean $\ln (\ln x) ; \mathbb{N}$ will be the set $\{1,2, \ldots\}$, while $\mathbb{N}_{0}:=\mathbb{N} \cup\{0\} ; \mathbb{R}^{+}:=[0, \infty)$.

## 2. Collecting tools

2.1. Approximation of the problem. Let $\rho_{\varepsilon}$ be the standard symmetric, positive one dimensional mollifier supported in $(-\varepsilon, \varepsilon)$. Set

$$
H_{a, \varepsilon}(s):=\left(\rho_{\varepsilon} * H_{a}\right)(s) \quad \text { for } s \in \mathbb{R} ;
$$

then $H_{a, \varepsilon}$ is smooth. Moreover, the support of $H_{a, \varepsilon}^{\prime}$ is contained in $(a-\varepsilon, a+\varepsilon)$. Let $\left\{u_{\varepsilon}\right\}$ be a sequence converging locally uniformly to $u$ as $\varepsilon \downarrow 0$, where $u_{\varepsilon}$ is a weak solution to the approximate equation

$$
\begin{equation*}
\partial_{t}\left[\beta\left(u_{\varepsilon}\right)+\mathcal{L}_{h} H_{a, \varepsilon}\left(\beta\left(u_{\varepsilon}\right)\right)\right]-\operatorname{div} \mathcal{A}\left(x, t, u_{\varepsilon}, D u_{\varepsilon}\right)=0 \quad \text { in } \Omega_{T} \tag{2.1}
\end{equation*}
$$

Now, setting

$$
\begin{equation*}
w:=\beta\left(u_{\varepsilon}\right), \tag{2.2}
\end{equation*}
$$

we arrive at the regularized equation

$$
\begin{equation*}
\partial_{t} w-\operatorname{div} \widetilde{\mathcal{A}}(x, t, w, D w)=-\mathcal{L}_{h} \partial_{t} H_{a, \varepsilon}(w), \tag{2.3}
\end{equation*}
$$

where

$$
\widetilde{\mathcal{A}}(x, t, w, D w):=\mathcal{A}\left(x, t, \beta^{-1}(w),\left[\beta^{\prime}\left(\beta^{-1}(w)\right)\right]^{-1} D w\right) .
$$

Observe that the growth and ellipticity bounds for $\widetilde{\mathcal{A}}$ are inherited from $\mathcal{A}$ and from the two-sided bound for $\beta^{\prime}$ : indeed, we in particular get that

$$
\begin{equation*}
|\widetilde{\mathcal{A}}(x, t, u, \xi)| \leq \Lambda^{p}|\xi|^{p-1}, \quad\langle\widetilde{\mathcal{A}}(x, t, u, \xi), \xi\rangle \geq \Lambda^{-p}|\xi|^{p} \tag{2.4}
\end{equation*}
$$

for almost every $(x, t) \in \Omega_{T}$ and for all $(u, \xi) \in \mathbb{R} \times \mathbb{R}^{n}$. Moreover, $\widetilde{\mathcal{A}}$ is clearly continuous with respect to the last two variables since $\beta$ is $C^{1}$-diffeomorphism. Note that we dropped $\varepsilon$ from the notation; it will be recovered in (4.4).

By regularity theory for evolutionary $p$-Laplace type equations, see [9, 32], we actually have that the solution $w$ is Hölder continuous since $\beta\left(u_{\varepsilon}\right)+\mathcal{L}_{h} H_{a, \varepsilon}\left(\beta\left(u_{\varepsilon}\right)\right)$ is a diffeomorphism. However, this kind of regularity depends on the regularization and, in particular, will deteriorate as $\varepsilon \downarrow 0$. Nonetheless, we may assume that the solution $w$ to the regularized equation is continuous having pointwise values.
2.2. Scaling of the equation. Once given a function $z$ solving (2.1) or (2.3) in $B_{r}\left(x_{0}\right) \times\left(t_{0}-\lambda^{2-p} \bar{T}, t_{0}\right)$, for some $\bar{T}>0, \lambda \geq 1$, if we consider the function

$$
\bar{z}(y, s):=\lambda^{-1} z\left(x_{0}+y, t_{0}-\lambda^{2-p}\left(T_{0}+\bar{T}\right)+\lambda^{2-p} s\right), \quad(y, s) \in B_{r} \times\left(T_{0}, T_{0}+\bar{T}\right)
$$

it is easy to see that $\bar{z}$ solves an equation which is structurally similar to the one solved by $z$, but with a multiplier $\lambda^{-1} \mathcal{L}_{h} \in[0,1]$ for the phase-transition term.
2.3. Space-time geometry. We set

$$
\begin{equation*}
\widetilde{T}_{r}^{\omega(\cdot)}:=[\omega(r)]^{2-p} r^{p} \quad \text { and } \quad T_{r}^{\omega(\cdot)}:=M[\omega(r)]^{(2-p)(1+1 / \alpha)} r^{p} \tag{2.5}
\end{equation*}
$$

for the modulus of continuity $\omega$ defined in (1.11), with $L \geq 1$ and $M \geq 2$ to be fixed; we also set

$$
\widetilde{Q}_{r}^{\omega(\cdot)}=B_{r / 4} \times\left(0, \widetilde{T}_{r}^{\omega(\cdot)}\right) \quad \text { and } \quad Q_{r}^{\omega(\cdot)}:=B_{r} \times\left(0, T_{r}^{\omega(\cdot)}\right)
$$

We stress that up to Section 4 it will be sufficient to think of $\omega$ simply as a generic concave modulus of continuity, such that the maps $r \mapsto T_{r}^{\omega(\cdot)}$ and $r \mapsto \widetilde{T}_{r}^{\omega(\cdot)}$ are monotone increasing, i.e.,

$$
0<r_{1} \leq r_{2} \quad \Longleftrightarrow \quad 0<T_{r_{1}}^{\omega(\cdot)} \leq T_{r_{2}}^{\omega(\cdot)} \quad \text { and } \quad 0<\widetilde{T}_{r_{1}}^{\omega(\cdot)} \leq \widetilde{T}_{r_{2}}^{\omega(\cdot)}
$$

Notice, on the other hand, that we still have not chosen the value of $L$. The explicit expression in (1.11) will indeed be used only in Section 4 when iterating the reduction of oscillation obtained in the forthcoming Section 3, in order to obtain (1.13). Needless to say, the choice in (4.1) will imply that time scales are monotone, in the above sense.
2.4. Energy estimates. We consider in this subsection continuous weak solutions to the following equation

$$
\begin{equation*}
\partial_{t} v-\operatorname{div} \widetilde{\mathcal{A}}(x, t, v, D v)=-\widetilde{\mathcal{L}_{h}} \partial_{t} H_{b, \varepsilon}(v), \tag{2.6}
\end{equation*}
$$

where $\widetilde{\mathcal{A}}$ has the same structure of $\mathcal{A}, b \in \mathbb{R}$, and $\widetilde{\mathcal{L}_{h}} \in[0,1]$; we shall, in particular, use the next results for equation (3.2), with $b$ defined in (3.1). The following is a Caccioppoli's inequality for (2.6); for ease of notation we shall denote, from now on,

$$
\begin{equation*}
\mathcal{H}(s):=s+\widetilde{\mathcal{L}_{h}} H_{b, \varepsilon}(s), \quad s \in \mathbb{R} \tag{2.7}
\end{equation*}
$$

Lemma 2.1. There exists a constant $c$, depending only on $n, p$ and $\Lambda$, such that, if $v$ is a solution to (2.6) in a cylinder $Q=B \times \Gamma$, then

$$
\begin{align*}
& \sup _{\tau \in \Gamma} \frac{\widetilde{\mathcal{L}_{h}}}{|\Gamma|} f_{B}\left[\int_{k}^{v} H_{b, \varepsilon}^{\prime}(\xi)(\xi-k)_{+} d \xi \phi^{p}\right](\cdot, \tau) d x \\
& +\sup _{\tau \in \Gamma} \frac{1}{|\Gamma|} f_{B}\left[(v-k)_{+}^{2} \phi^{p}\right](\cdot, \tau) d x+f_{Q}\left|D\left[(v-k)_{+} \phi\right]\right|^{p} d x d t \\
& \quad \leq c f_{Q}\left[(v-k)_{+}^{p}|D \phi|^{p}+(v-k)_{+}^{2}\left(\partial_{t} \phi^{p}\right)_{+}\right] d x d t \\
& \quad+c \widetilde{\mathcal{L}_{h}} f_{Q} \int_{k}^{v} H_{b, \varepsilon}^{\prime}(\xi)(\xi-k)_{+} d \xi\left(\partial_{t} \phi^{p}\right)_{+} d x d t \tag{2.8}
\end{align*}
$$

for any $k \in \mathbb{R}$ and any test function $\phi \in C^{\infty}(Q)$, such that $(v-k)_{+} \phi^{p}$ vanishes on the parabolic boundary of $Q$.

Proof. In order to get (2.8), we test, in the weak formulation of (2.6), with (v$k)_{+} \phi^{p} \chi_{\Gamma \cap(-\infty, \tau)}$ for $\tau \in \Gamma$. The calculations are standard; we only show here how to formally treat the parabolic term (see also the proof of Lemma 2.3): being $\hat{Q}:=Q \cap[B \times(-\infty, \tau)]$,

$$
\begin{aligned}
& \int_{\hat{Q}} \partial_{t} v \mathcal{H}^{\prime}(v)(v-k)_{+} \phi^{p} d x d t=\int_{\hat{Q}} \partial_{t}\left[\int_{k}^{v} \mathcal{H}^{\prime}(\xi)(\xi-k)_{+} d \xi\right] \phi^{p} d x d t \\
& \quad=\int_{B} \int_{k}^{v(\cdot, \tau)} \mathcal{H}^{\prime}(\xi)(\xi-k)_{+} d \xi \phi^{p} d x-\int_{\hat{Q}} \int_{k}^{v} \mathcal{H}^{\prime}(\xi)(\xi-k)_{+} d \xi \partial_{t} \phi^{p} d x d t
\end{aligned}
$$

The next lemma allows to forward information in time. The result in the case of evolutionary $p$-Laplace type equations is a standard "Logarithmic Lemma", see for example the proof in [9, Chapter II].

Lemma 2.2. Let $\bar{T} \in\left(0, T_{r}^{\omega(\cdot)}\right)$, for $T_{r}^{\omega(\cdot)}$ as in (2.5). Suppose that $v \in C\left(\overline{Q_{r}^{\omega(\cdot)}}\right)$ solves (2.6) in $Q_{r}^{\omega(\cdot)}$ and

$$
v(x, \bar{T}) \leq \operatorname{osc} v-\frac{\omega(r)}{4}, \quad \forall x \in B_{r / 8}
$$

let moreover $\nu^{*} \in(0,1)$. Then there exists a constant $\varsigma \in(0,1 / 2)$, depending only on $n, p, \Lambda, M$ and $\nu^{*}$, such that, if $\hat{Q}:=B_{r / 16} \times\left(\bar{T}, T_{r}^{\omega(\cdot)}\right)$, then

$$
\begin{equation*}
\frac{\left|\hat{Q} \cap\left\{v \geq \operatorname{osc} v-\varsigma[\omega(r)]^{1+1 / \alpha}\right\}\right|}{|\hat{Q}|} \leq \nu^{*} \tag{2.9}
\end{equation*}
$$

Proof. Denote, in short, $\widetilde{\mathcal{A}}(D v):=\widetilde{\mathcal{A}}(x, t, v, D v)$ and recall the definition of $\mathcal{H}$ in (2.7). Consider a time independent cut-off function $\phi \in C_{0}^{\infty}\left(B_{r}\right), 0 \leq \phi \leq 1$, such that

$$
\phi \equiv 1 \quad \text { in } B_{r / 16} \quad \text { and } \quad \phi=0 \quad \text { on } \partial B_{r / 8} \quad \text { with } \quad|D \phi| \leq 32 / r
$$

Take

$$
0<S^{+}:=\frac{[\omega(r)]^{1+1 / \alpha}}{8} \leq \frac{\omega(r)}{4} \quad \text { and } \quad k=\operatorname{osc} v-S^{+}
$$

and define the logarithmic function

$$
\Psi(v)=\left[\ln \left(\frac{S^{+}}{S^{+}-(v-k)_{+}+\varsigma S^{+}}\right)\right]_{+}, \quad \varsigma \in(0,1 / 2) \text { to be fixed. }
$$

We only have $\Psi(v) \neq 0$ when

$$
S^{+}>S^{+}-(v-k)_{+}+\varsigma S^{+} \Longleftrightarrow \quad \Longleftrightarrow>\operatorname{osc} v-\frac{1-\varsigma}{8}[\omega(r)]^{1+1 / \alpha}=: v_{-} .
$$

Note, in particular, that $v_{-}>\operatorname{osc} v-\omega(r) / 4$ and that $v_{-}-k=\varsigma S^{+}$. We have, formally,

$$
\Psi^{\prime}(v)=\chi_{\left\{v>v_{-}\right\}} \frac{1}{S^{+}-(v-k)_{+}+\varsigma S^{+}}
$$

and

$$
\Psi^{\prime \prime}(v)=\delta_{v-v_{-}} \frac{1}{S^{+}-(v-k)_{+}+\varsigma S^{+}}+\chi_{\left\{v>v_{-}\right\}} \frac{1}{\left(S^{+}-(v-k)_{+}+\varsigma S^{+}\right)^{2}}
$$

$$
=\delta_{v-v_{-}} \frac{1}{S^{+}}+\chi_{\left\{v>v_{-}\right\}} \frac{1}{\left(S^{+}-(v-k)_{+}+\varsigma S^{+}\right)^{2}}=\frac{\delta_{v-v_{-}}}{S^{+}}+\left[\Psi^{\prime}(v)\right]^{2}
$$

where $\delta_{v-v_{-}}$is the Dirac delta centered in $v-v_{-}$. Testing formally the equation with $\eta=\Psi^{\prime}(v) \Psi(v) \phi^{p} \chi_{(\bar{T}, \tau)}(t)$, for $\tau \in\left(\bar{T}, T_{r}^{\omega(\cdot)}\right]$, we have

$$
-\int_{B_{r / 8} \times(\bar{T}, \tau)}\langle\widetilde{\mathcal{A}}(D v), D \eta\rangle d x d t=\int_{B_{r / 8} \times(\bar{T}, \tau)} \partial_{t} \mathcal{H}(v) \eta d x d t .
$$

The choice of the test function is admissible after a suitable mollification in time, following the same steps as in the end of the proof of Lemma 2.3, when treating the first integral. For the time term, we have

$$
\partial_{t} \mathcal{H}(v) \Psi^{\prime}(v) \Psi(v)=\partial_{t} \int_{v_{-}}^{v} \mathcal{H}^{\prime}(\xi) \Psi^{\prime}(\xi) \Psi(\xi) d \xi
$$

and integration by parts gives that

$$
\int_{B_{r / 8} \times(\bar{T}, \tau)} \partial_{t} \mathcal{H}(v) \Psi^{\prime}(v) \Psi(v) \phi^{p} d x d t=\left.\int_{B_{r / 8}} \int_{v_{-}}^{v(\cdot, \tau)} \mathcal{H}^{\prime}(\xi) \Psi^{\prime}(\xi) \Psi(\xi) d \xi \phi^{p} d x\right|_{t=\bar{T}} ^{\tau}
$$

since $\phi$ is time independent; here, we have also used the fact that $v \in C\left(\overline{Q_{r}^{\omega(\cdot)}}\right)$. Since $v \leq v_{-}$on $B_{r / 8} \times\{\bar{T}\}$, we have that

$$
\int_{B_{r / 8}} \int_{v_{-}}^{v(\cdot, \bar{T})} \mathcal{H}^{\prime}(\xi) \Psi^{\prime}(\xi) \Psi(\xi) d \xi \phi^{p} d x=0 .
$$

Therefore

$$
\int_{B_{r / 8} \times(\bar{T}, \tau)} \partial_{t} \mathcal{H}(v) \Psi^{\prime}(v) \Psi(v) \phi^{p} d x d t=\int_{B_{r / 8}} \int_{v_{-}}^{v(\cdot, \tau)} \mathcal{H}^{\prime}(\xi) \Psi^{\prime}(\xi) \Psi(\xi) d \xi \phi^{p} d x
$$

and since $\mathcal{H}^{\prime} \geq 1$ and $\Psi\left(v_{-}\right)=0$, we obtain that

$$
\int_{B_{r / 8}} \Psi^{2}(v(x, \tau)) \phi^{p} d x \leq 2 \int_{B_{r / 8} \times(\bar{T}, \tau)} \partial_{t} \mathcal{H}(v) \Psi^{\prime}(v) \Psi(v) \phi^{p} d x d t
$$

As for the elliptic term, we get, from (2.4), since $\Psi(v) \delta_{v-v_{-}}=0$,

$$
\begin{aligned}
-\int_{B_{r / 8} \times(\bar{T}, \tau)}\langle\widetilde{\mathcal{A}}(D v), D \eta\rangle d x & d t=-\int_{B_{r / 8} \times(\bar{T}, \tau)}\left\langle\widetilde{\mathcal{A}}(D v), D \phi^{p}\right\rangle \Psi^{\prime}(v) \Psi(v) d x d t \\
& -\int_{B_{r / 8} \times(\bar{T}, \tau)}\langle\widetilde{\mathcal{A}}(D v), D v\rangle(1+\Psi(v))\left[\Psi^{\prime}(v)\right]^{2} \phi^{p} d x d t \\
\leq & c(p, \Lambda) \int_{B_{r / 8} \times\left(0, T_{r}^{\omega(\cdot)}\right)} \Psi(v)\left[\Psi^{\prime}(v)\right]^{2-p}|D \phi|^{p} d x d t \\
& -c(p, \Lambda) \int_{B_{r} \times(\bar{T}, \tau)}|D v|^{p}(1+\Psi(v))\left[\Psi^{\prime}(v)\right]^{2} \phi^{p} d x d t
\end{aligned}
$$

using Young's inequality. We thus obtain, discarding the negative term on the right-hand side,

$$
\int_{B_{r / 8}} \Psi^{2}(v(\cdot, \tau)) \phi^{p} d x \leq c \int_{Q_{r}^{\omega(\cdot)}} \Psi(v)\left[\Psi^{\prime}(v)\right]^{2-p}|D \phi|^{p} d x d t
$$

this holds for all $\tau \in\left(\bar{T}, T_{r}^{\omega(\cdot)}\right]$. The very definitions of $\Psi$ and $T_{r}^{\omega(\cdot)}$ then imply

$$
\begin{aligned}
\int_{B_{r / 16}}[\Psi(v(\cdot, \tau))]^{2} d x & \leq c \frac{\left|B_{r / 8}\right| T_{r}^{\omega(\cdot)}}{r^{p}} \ln \frac{1}{\varsigma}\left(2 S^{+}\right)^{p-2} \\
& \leq c M\left|B_{r / 16}\right| \ln \frac{1}{\varsigma}
\end{aligned}
$$

since $(v-k)_{+} \leq S^{+}$and

$$
r^{-p} T_{r}^{\omega(\cdot)}\left(2 S^{+}\right)^{p-2}=2^{p-2} M[\omega(r)]^{(2-p)(1+1 / \alpha)}\left(\frac{[\omega(r)]^{1+1 / \alpha}}{8}\right)^{p-2}=4^{2-p} M
$$

Moreover, the left-hand side can be bounded below as

$$
\int_{B_{r / 16}}[\Psi(v(\cdot, \tau))]^{2} d x \geq\left|B_{r / 16} \cap\left\{v(\cdot, \tau) \geq \operatorname{osc} v-\varsigma S^{+}\right\}\right|\left(\ln \frac{1}{2 \varsigma}\right)^{2}
$$

and we conclude, recalling the definition of $S^{+}$, that

$$
\frac{\left|B_{r / 16} \cap\left\{v(\cdot, \tau) \geq \operatorname{osc} v-\varsigma[\omega(r)]^{1+1 / \alpha}\right\}\right|}{\left|B_{r / 16}\right|} \leq c M \frac{\ln \frac{1}{\varsigma}}{\ln \frac{1}{2 \varsigma}}=\nu^{*}
$$

for a convenient choice of $\varsigma$. Finally, integrate in time to obtain (2.9) and complete the proof.
2.5. Supersolutions of evolutionary $p$-Laplace equations. We recall that a weak supersolution to

$$
\begin{equation*}
\partial_{t} v-\operatorname{div} \hat{\mathcal{A}}(x, t, v, D v)=0 \quad \text { in } B \times \Gamma \tag{2.10}
\end{equation*}
$$

$B$ open set and $\Gamma$ open interval, where $\hat{\mathcal{A}}$ has the same structure of $\tilde{\mathcal{A}}$ (and $\mathcal{A}$ ), is a function $w \in V^{2, p}(B \times \Gamma)$ satisfying

$$
\left.\int_{\mathcal{K}}[w \varphi](\cdot, \tau) d x\right|_{\tau=t_{1}} ^{t_{2}}+\int_{\mathcal{K} \times\left[t_{1}, t_{2}\right]}\left[-w \partial_{t} \varphi+\langle\mathcal{A}(\cdot, \cdot, w, D w), D \varphi\rangle\right] d x d t \geq 0
$$

for all $\mathcal{K} \Subset B$, almost every $t_{1}, t_{2} \in \mathbb{R}$ such that $\left[t_{1}, t_{2}\right] \Subset \Gamma$ and for every test function $\varphi \in L_{\mathrm{loc}}^{p}\left(\Gamma ; W_{0}^{1, p}(\mathcal{K})\right)$ such that $\partial_{t} \varphi \in L^{2}\left(\mathcal{K} \times\left[t_{1}, t_{2}\right]\right)$ and $\varphi \geq 0$. Analogously, $w$ is a weak subsolution if the quantity on the left-hand side in (2.10) is non-positive for any such test function. The following simple lemma is one of the keys in our proof of the interior continuity.
Lemma 2.3. If $k<b-\varepsilon$ and $v$ is a weak solution of (2.6) in $Q_{r}^{\omega(\cdot)}$, then $(k-v)_{+}$ is a weak subsolution and $\min (k, v)=k-(k-v)_{+}$is a weak supersolution of (2.10) in $Q_{r}^{\omega(\cdot)}$, where $\hat{\mathcal{A}}$ has the same structure of $\mathcal{A}$.
Proof. Let $\mathcal{K} \Subset B_{r},\left[t_{1}, t_{2}\right] \Subset\left(0, T_{r}^{\omega(\cdot)}\right)$, call $\mathcal{Q}:=\mathcal{K} \times\left[t_{1}, t_{2}\right]$ and let $\varphi$ be a test function as above, in particular non-negative; in order to simplify the proof we suppose $\varphi \equiv 0$ in $\mathcal{K} \times\left\{t_{1}, t_{2}\right\}$, it will be easy to deduce the proof also in the general case. Set

$$
\phi_{k, \epsilon}(\xi)=\min \left\{\frac{(k-\xi)_{+}}{\epsilon}, 1\right\}, \quad \text { for } \epsilon \in(0,1)
$$

and test equation (2.6) with $\phi_{k, \epsilon}(v) \varphi$. Formally, the time derivative terms give

$$
\int_{\mathcal{Q}} \partial_{t} v \phi_{k, \epsilon}(v) \varphi d x d t=-\int_{\mathcal{Q}} \partial_{t} \int_{v}^{k} \phi_{k, \epsilon}(\xi) d \xi \varphi d x d t
$$

$$
\begin{align*}
& =\int_{\mathcal{Q}} \int_{v}^{k} \phi_{k, \epsilon}(\xi) d \xi \partial_{t} \varphi d x d t \\
& \stackrel{\epsilon \downarrow 0}{\longrightarrow} \int_{\mathcal{Q}}(k-v)_{+} \partial_{t} \varphi d x d t \tag{2.11}
\end{align*}
$$

by the dominated convergence theorem, and

$$
\begin{aligned}
-\int_{\mathcal{Q}} \partial_{t} v H_{b, \varepsilon}^{\prime}(v) \phi_{k, \epsilon}(v) \varphi d x d t & =\int_{\mathcal{Q}} \partial_{t} \int_{v}^{k} H_{b, \varepsilon}^{\prime}(\xi) \phi_{k, \epsilon}(\xi) d \xi \varphi d x d t \\
& =-\int_{\mathcal{Q}} \int_{v}^{k} H_{b, \varepsilon}^{\prime}(\xi) \phi_{k, \epsilon}(\xi) d \xi \partial_{t} \varphi d x d t \\
& =0
\end{aligned}
$$

since $\operatorname{supp} H_{b, \varepsilon}^{\prime} \subset(b-\varepsilon, b+\varepsilon)$ does not intersect the integration interval $(v, k)$ due to the fact that we assume $k<b-\varepsilon$. As for the elliptic part, noting that $\phi_{k, \epsilon}^{\prime}(v)=-\frac{1}{\epsilon} \chi_{\{k-\epsilon<v<k\}} \leq 0$ and hence

$$
\int_{\mathcal{Q}}\left\langle\widetilde{\mathcal{A}}(x, t, v, D v), D \phi_{k, \epsilon}(v)\right\rangle \varphi d x d t \leq 0
$$

we obtain

$$
\begin{aligned}
\int_{\mathcal{Q}}\left\langle\widetilde{\mathcal{A}}(x, t, v, D v), D\left[\phi_{k, \epsilon}(v) \varphi\right]\right\rangle d x d t \\
\quad \leq \int_{\mathcal{Q}}\langle\widetilde{\mathcal{A}}(x, t, v, D v), D \varphi\rangle \phi_{k, \epsilon}(v) d x d t \\
\quad \stackrel{\epsilon \downarrow 0}{\longrightarrow} \int_{\mathcal{Q}}\langle\widetilde{\mathcal{A}}(x, t, v, D v), D \varphi\rangle \chi_{\{v<k\}} d x d t
\end{aligned}
$$

yielding the conclusion for $(k-v)_{+}$, once we define $\hat{\mathcal{A}}(x, t, w, \xi):=-\widetilde{\mathcal{A}}(x, t, k-$ $w,-\xi)$. The second result follows immediately from this one.

To justify the above calculations, we demonstrate how to rigorously test equation (2.6) with a test function depending on $v$ itself; indeed, there is a well recognized difficulty concerning the time regularity of solutions and one has to suitably mollify the test function in time. To this end, take $\rho_{h}(s)$, for $h \in(0,1)$, the standard symmetric positive mollifier, with support in $(-h, h)$ and denote, for any function $\theta: \mathbb{R} \rightarrow \mathbb{R}$, its mollification by $\theta_{h}:=\theta * \rho_{h}$. If $\theta$ is not defined over $\mathbb{R}$, extend it to zero elsewhere before mollifying. Let $f: \mathbb{R}^{+} \rightarrow \mathbb{R}^{+}$be any Lipschitz function; note that, for $\mathcal{H}(\cdot)$ defined in (2.7), we have that $v \mapsto \mathcal{H}(v)$ is an increasing function. Therefore, consider as a test function in (2.6) the function

$$
\phi \equiv \phi_{h}:=\left[f\left(\mathcal{H}^{-1}\left([\mathcal{H}(v)]_{h}\right)\right) \varphi\right]_{h}
$$

for $h>0$ small, where $[\mathcal{H}(v)]_{h}$ is the convolution of $\mathcal{H}(v)$ with respect to the time variable and $\varphi$ is as in the beginning of the proof. Note finally that since $\rho_{h}$ is symmetric, then $\int f g_{h} d t=\int f_{h} g d t$ by Fubini's theorem; therefore, first using this fact and subsequently integrating by parts, we get

$$
\begin{aligned}
-\int_{B} \int_{\Gamma} \mathcal{H}(v) \partial_{t} \phi_{h} d t d x & =\int_{B} \int_{\Gamma} \partial_{t}[\mathcal{H}(v)]_{h} f\left(\mathcal{H}^{-1}\left([\mathcal{H}(v)]_{h}\right)\right) \varphi d t d x \\
& =-\int_{B} \int_{\Gamma} \partial_{t} \int_{[\mathcal{H}(v)]_{h}}^{\mathcal{H}(k)} f\left(\mathcal{H}^{-1}(\zeta)\right) d \zeta \varphi d t d x
\end{aligned}
$$

$$
\begin{aligned}
& =\int_{B} \int_{\Gamma} \int_{[\mathcal{H}(v)]_{h}}^{\mathcal{H}(k)} f\left(\mathcal{H}^{-1}(\zeta)\right) d \zeta \partial_{t} \varphi d t d x \\
& \stackrel{h \downarrow 0}{ } \int_{\mathcal{Q}} \int_{\mathcal{H}(v)}^{\mathcal{H}(k)} f\left(\mathcal{H}^{-1}(\zeta)\right) d \zeta \partial_{t} \varphi d x d t \\
& =\int_{\mathcal{Q}} \int_{v}^{k} f(\xi)\left(1+H_{b, \varepsilon}^{\prime}(\xi)\right) d \xi \partial_{t} \varphi d x d t
\end{aligned}
$$

recalling the definition of $\mathcal{H}$. In the case $f(\xi)=\phi_{k, \epsilon}(\xi)$, for $\epsilon \in(0,1)$, we then also take the limit for $\epsilon \downarrow 0$ as in (2.11) and we discard the remaining null term. As for the elliptic part we may use dominated convergence, together with the fact that $v \in L^{p}\left(t_{1}, t_{2} ; W^{1, p}(\mathcal{K})\right)$, and send first $h$ and then $\epsilon$ to zero to follow the formal calculation in the beginning of the proof.
2.6. Harnack estimates. The following weak Harnack inequality for supersolutions is Theorem 1.1 of [20].
Theorem 2.4 (Weak Harnack inequality). Let $v$ be a non-negative continuous weak supersolution to

$$
\begin{equation*}
\partial_{t} v-\operatorname{div} \mathcal{A}(x, t, v, D v)=0 \quad \text { in } \quad B_{4 R_{0}}\left(x_{0}\right) \times(0, T), \tag{2.12}
\end{equation*}
$$

with $\mathcal{A}$ satisfying (1.8). Then there exist constants $c_{1}$ and $c_{2}$, both depending only on $n, p$ and $\Lambda$, such that for every $0<t_{1}<T$ we have

$$
\begin{equation*}
f_{B_{R_{0}}\left(x_{0}\right)} v\left(x, t_{1}\right) d x \leq \frac{1}{2}\left(\frac{c_{1} R_{0}^{p}}{T-t_{1}}\right)^{1 /(p-2)}+c_{2} \inf _{\mathcal{Q}} v \tag{2.13}
\end{equation*}
$$

where $\mathcal{Q}:=B_{2 R_{0}}\left(x_{0}\right) \times\left(t_{1}+\tau / 2, t_{1}+\tau\right)$ and

$$
\begin{equation*}
\tau:=\min \left\{T-t_{1}, c_{1} R_{0}^{p}\left(f_{B_{R_{0}}\left(x_{0}\right)} v\left(x, t_{1}\right) d x\right)^{2-p}\right\} . \tag{2.14}
\end{equation*}
$$

The factor $1 / 2$ in the above theorem is not present in the formulation of [20]. Nonetheless, this constant is insignificant as it only increases the value of the constants $c_{1}$ and $c_{2}$, a fact that can be easily deduced from the proof in [20]. For related results, see the recent interesting monograph by DiBenedetto, Gianazza and Vespri [12], and also [11], by the same authors, about the Harnack inequality for weak solutions.

The next proposition, which encodes the decay rate of supersolutions, follows from the iteration of the previous theorem; see [16, Corollary 3.4] for a very similar statement.

Proposition 2.5 (Decay of positivity). Let $v$ be a non-negative continuous weak supersolution to (2.12) in $B_{4 R_{0}}\left(x_{0}\right) \times\left(t_{0}, t_{0}+T\right)$. Then there exists a constant $c_{3}$, depending only on $n, p$ and $\Lambda$, such that, if

$$
\begin{equation*}
\inf _{x \in B_{2 R_{0}}\left(x_{0}\right)} v\left(x, t_{0}\right) \geq k \tag{2.15}
\end{equation*}
$$

for some level $k>0$, then

$$
\inf _{x \in B_{2 R_{0}}\left(x_{0}\right)} v(x, t) \geq \lambda(t):=\frac{k}{c_{3}}\left(1+c_{3}(p-2) k^{p-2} \frac{t-t_{0}}{R_{0}^{p}}\right)^{-\frac{1}{p-2}}
$$

for all $t \in\left(t_{0}, t_{0}+T\right]$.

Proof. Suppose, without loss of generality, that $t_{0}=0$. Define inductively

$$
\tau_{0}:=t_{0}=0, \quad \tau_{j}:=c_{1} R_{0}^{p} \sum_{\ell=1}^{j}\left(f_{B_{R_{0}}\left(x_{0}\right)} \min \left\{v\left(\cdot, \tau_{\ell-1}\right),\left(2 c_{2}\right)^{-\ell} k\right\} d x\right)^{2-p}
$$

for all indices $j$ such that $\tau_{j} \leq T$, say $j \in\{1, \ldots, \bar{\jmath}\}$, and where $c_{2}$ is the constant of Theorem 2.4. Note that, for $i \in\{1, \ldots, \bar{\jmath}\}$, there holds

$$
\left(\frac{c_{1} R_{0}^{p}}{\tau_{i}-\tau_{i-1}}\right)^{\frac{1}{p-2}}=f_{B_{R_{0}}\left(x_{0}\right)} \min \left\{v\left(\cdot, \tau_{i-1}\right),\left(2 c_{2}\right)^{-i} k\right\} d x
$$

hence, since $\tau$ in (2.14) turns out to be, in our case, exactly $\tau_{i}-\tau_{i-1}$, Harnack estimate (2.13) applied to the supersolution $v_{i}:=\min \left\{v,\left(2 c_{2}\right)^{-i} k\right\}$ gives

$$
\begin{equation*}
\inf _{B_{2 R_{0}}\left(x_{0}\right) \times\left(\left(\tau_{i-1}+\tau_{i}\right) / 2, \tau_{i}\right)} v_{i} \geq \frac{1}{2 c_{2}} f_{B_{R_{0}}\left(x_{0}\right)} v_{i}\left(\cdot, \tau_{i-1}\right) d x \geq \frac{k}{\left(2 c_{2}\right)^{i}} \tag{2.16}
\end{equation*}
$$

and the last inequality holds if $\inf _{B_{R_{0}}\left(x_{0}\right)} v_{i}\left(\cdot, \tau_{i-1}\right) \geq\left(2 c_{2}\right)^{-(i-1)} k$. Using an iterative argument, starting from (2.15), we see that (2.16) holds for any $j \in\{1, \ldots, \bar{\jmath}\}$. This means that, for such a $j$, we have $v_{j}\left(x, \tau_{j}\right)=\left(2 c_{2}\right)^{-j} k$ in $B_{R_{0}}\left(x_{0}\right)$ and $\tau_{j}=c_{1} k^{2-p} R_{0}^{p} \sum_{\ell=1}^{j}\left(2 c_{2}\right)^{\ell(p-2)}$. Therefore,

$$
\int_{0}^{j}\left(2 c_{2}\right)^{s(p-2)} d s \leq \frac{\tau_{j}}{c_{1} k^{2-p} R_{0}^{p}} \leq \int_{1}^{j+1}\left(2 c_{2}\right)^{s(p-2)} d s
$$

and we thus obtain a lower and an upper bound for $\tau_{j}$ :

$$
\frac{\left(2 c_{2}\right)^{j(p-2)}-1}{(p-2) \ln \left(2 c_{2}\right)} \leq \frac{\tau_{j}}{c_{1} k^{2-p} R_{0}^{p}} \leq 2 c_{2} \frac{\left(2 c_{2}\right)^{j(p-2)}-1}{(p-2) \ln \left(2 c_{2}\right)} .
$$

The bound from below gives

$$
\left(2 c_{2}\right)^{-j} \geq\left(1+(p-2) \frac{\ln \left(2 c_{2}\right)}{c_{1}} \frac{\tau_{j}}{k^{2-p} R_{0}^{p}}\right)^{-1 /(p-2)} \geq \frac{c_{3}}{k} \lambda\left(\tau_{j}\right)
$$

provided that $c_{3} \geq \ln \left(2 c_{2}\right) / c_{1}$. Finally, taking into account that $v_{i} \leq v$, another application of (2.16), for an appropriate $R_{0}$, and with starting time $\tau_{j-1}$, together with a simple covering argument, shows that

$$
\inf _{B_{2 R_{0}}\left(x_{0}\right) \times\left(\tau_{j-1}, \tau_{j}\right)} v \geq \frac{1}{2 c_{2}} c_{3} \lambda\left(\tau_{j-1}\right) \geq \lambda(\tau)
$$

whenever $\tau \in\left(\tau_{j-1}, \tau_{j}\right)$, provided that $c_{3} \geq 2 c_{2}$. Clearly, at this point, taking $c_{3}:=2 c_{2} \geq \ln \left(2 c_{2}\right) / c_{1}$ finishes the proof.

## 3. Reducing the oscillation

Recalling now the definitions of $\widetilde{Q}_{r}^{\omega(\cdot)}$ and $Q_{r}^{\omega(\cdot)}$ from subsection 2.3, we suppose that $w$ is a weak solution to (2.3) in $Q_{r}^{\omega(\cdot)}$.
3.1. Basic reductions. Define

$$
\begin{equation*}
v(x, t):=w(x, t)-\inf _{Q_{r}^{\omega(\cdot)}} w \quad \text { and } \quad b:=a-\inf _{Q_{r}^{\omega(\cdot)}} w . \tag{3.1}
\end{equation*}
$$

Then $\sup v=\operatorname{osc} v=\operatorname{osc} w, \inf v=0$, these quantities being meant over $Q_{r}^{\omega(\cdot)}$, and

$$
\begin{equation*}
\partial_{t} v-\operatorname{div} \widetilde{\mathcal{A}}\left(x, t, v+\inf _{Q_{r}^{\omega(\cdot)}} w, D v\right)=-\widetilde{\mathcal{L}_{h}} \partial_{t} H_{b, \varepsilon}(v) \tag{3.2}
\end{equation*}
$$

$\widetilde{\mathcal{L}_{h}} \in[0,1]$. From now on we shall also suppose that

$$
\begin{equation*}
\operatorname{osc} v:=\underset{Q_{r}^{\omega(\cdot)}}{\operatorname{osc}} v \geq \omega(r) \quad \text { and } \quad \varepsilon<\frac{\omega(r)}{8} \tag{3.3}
\end{equation*}
$$

Note that if $b \notin[0$, osc $v]$, we then have

$$
\partial_{t} v-\operatorname{div} \widetilde{\mathcal{A}}\left(x, t, v+\inf _{Q_{r}^{\omega(\cdot)}} w, D v\right)=0 \quad \text { in } Q_{r}^{\omega(\cdot)}
$$

for $\varepsilon$ small enough, and the oscillation reduction follows by the well-known argument of DiBenedetto, see [9, 32]. In this case, even if the modulus of continuity is Hölder, we will not make use of this information since the intrinsic geometry we are using does not allow us to reproduce the estimates of [9, 32]. We, instead, observe that our reasoning also works in the case of evolutionary $p$-Laplace type equations since the phase transition term $\widetilde{\mathcal{L}_{h}} \partial_{t} H_{b, \varepsilon}$ only appears as an inhomogeneous term in our calculations, and in particular it works for $\widetilde{\mathcal{L}_{h}}=0$.

Thus we may assume from now on $b \in[0, \operatorname{osc} v]$. If $b \in\left[0, \frac{\operatorname{osc} v}{2}\right]$, we can consider $\bar{v}=\operatorname{osc} v-v$ and $\bar{b}=\operatorname{osc} v-b$ instead, and then

$$
\partial_{t} \bar{v}-\operatorname{div} \overline{\mathcal{A}}(x, t, \bar{v}, D \bar{v})=-\widetilde{\mathcal{L}_{h}} \partial_{t} H_{\bar{b}, \varepsilon}(\bar{v})
$$

with $\bar{b} \in\left[\frac{\operatorname{osc} \bar{v}}{2}, \operatorname{osc} \bar{v}\right]$. Here

$$
\overline{\mathcal{A}}(x, t, \bar{v}, D \bar{v})=-\widetilde{\mathcal{A}}\left(x, t,-\bar{v}+\sup _{Q_{r}^{\omega}(\cdot)} w,-D \bar{v}\right)
$$

which has the same structure as $\mathcal{A}$. Consequently we can further assume that

$$
b \in\left[\frac{\operatorname{osc} v}{2}, \operatorname{osc} v\right] .
$$

Let us, finally, introduce the Sobolev conjugate exponent of $p, \kappa p$, where

$$
\kappa:= \begin{cases}\frac{n}{n-p} & \text { for } p<n  \tag{3.4}\\ \text { any number }>1 & \text { for } p=n \\ +\infty & \text { for } p>n\end{cases}
$$

$\alpha$, appearing in (1.10), will be related to $\kappa$ in the following way:

$$
\frac{1}{\alpha}=1+\frac{\kappa}{\kappa-1}
$$

From now on, it will be more convenient for our purposes to work with $\kappa$.
Now we fix the classical alternative. Clearly one of the following two options must hold: for $\varepsilon_{1}$ a free parameter, to be fixed in due course, either

$$
\begin{equation*}
\left|\widetilde{Q}_{r}^{\omega(\cdot)} \cap\left\{v \geq \frac{\operatorname{osc} v}{4}\right\}\right|>\varepsilon_{1}[\omega(r)]^{1+\frac{\kappa}{\kappa-1}}\left|\widetilde{Q}_{r}^{\omega(\cdot)}\right| \tag{Alt.1}
\end{equation*}
$$

or

$$
\begin{equation*}
\left|\widetilde{Q}_{r}^{\omega(\cdot)} \cap\left\{v \geq \frac{\operatorname{osc} v}{4}\right\}\right| \leq \varepsilon_{1}[\omega(r)]^{1+\frac{\kappa}{\kappa-1}}\left|\widetilde{Q}_{r}^{\omega(\cdot)}\right| \tag{Alt.2}
\end{equation*}
$$

holds true. We analyze separately the two different cases.
3.2. The first alternative. Consider first the case where (Alt.1) holds. Then there exists $t_{r}^{1} \in\left(0, \widetilde{T}_{r}^{\omega(\cdot)}\right)$ such that

$$
\begin{equation*}
\left|B_{r / 4} \cap\left\{v\left(\cdot, t_{r}^{1}\right) \geq \frac{\operatorname{osc} v}{4}\right\}\right|>\varepsilon_{1}[\omega(r)]^{1+\frac{\kappa}{\kappa-1}}\left|B_{r / 4}\right| \tag{3.5}
\end{equation*}
$$

otherwise, just integrate to get a contradiction.
Observing that, due to (3.3),

$$
\frac{\operatorname{osc} v}{4}<\frac{\operatorname{osc} v}{2}-\frac{\operatorname{osc} v}{8} \leq b-\frac{\omega(r)}{8}<b-\varepsilon
$$

we can use the weak Harnack estimate on the supersolution $\hat{v}:=\min \{v, \operatorname{osc} v / 4\}$. Thus, Lemma 2.3, and hence Theorem 2.4, apply to $\hat{v}$ :

$$
\begin{equation*}
f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x \leq \frac{1}{2}\left(\frac{c_{1}(r / 4)^{p}}{T_{r}^{\omega(\cdot)}-t_{r}^{1}}\right)^{\frac{1}{p-2}}+c_{2} \inf _{B_{r / 2} \times\left(t_{r}^{1}+\tau / 2, t_{r}^{1}+\tau\right)} \hat{v}, \tag{3.6}
\end{equation*}
$$

where

$$
\tau=\min \left\{T_{r}^{\omega(\cdot)}-t_{r}^{1}, c_{1}\left(\frac{r}{4}\right)^{p}\left(f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x\right)^{2-p}\right\}
$$

Due to (3.5),

$$
\begin{equation*}
f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x \geq \varepsilon_{1}[\omega(r)]^{1+\frac{\kappa}{\kappa-1}} \frac{\operatorname{osc} v}{4} \geq \frac{\varepsilon_{1}}{4}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}} \tag{3.7}
\end{equation*}
$$

where the last inequality follows from (3.3). Now, if

$$
\begin{equation*}
T_{r}^{\omega(\cdot)}-t_{r}^{1} \geq c_{1}\left(\frac{r}{4}\right)^{p}\left(f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x\right)^{2-p} \tag{3.8}
\end{equation*}
$$

then

$$
\tau=c_{1}\left(\frac{r}{4}\right)^{p}\left(f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x\right)^{2-p}
$$

and

$$
\left(\frac{c_{1}\left(\frac{r}{4}\right)^{p}}{T_{r}^{\omega(\cdot)}-t_{r}^{1}}\right)^{\frac{1}{p-2}} \leq\left(\frac{c_{1}\left(\frac{r}{4}\right)^{p}}{c_{1}\left(\frac{r}{4}\right)^{p}\left(f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x\right)^{2-p}}\right)^{\frac{1}{p-2}}=f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x
$$

So (3.6) reads

$$
f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x \leq 2 c_{2} \inf _{B_{r / 2} \times\left(t_{r}^{1}+\tau / 2, t_{r}^{1}+\tau\right)} \hat{v}
$$

and consequently, combining the previous display with (3.7), we get

$$
\begin{equation*}
\frac{\varepsilon_{1}}{8 c_{2}}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}} \leq \inf _{B_{r / 2} \times\left(t_{r}^{1}+\tau / 2, t_{r}^{1}+\tau\right)} \hat{v} \tag{3.9}
\end{equation*}
$$

Hence if (3.8) holds, then we infer (3.9). Note now that, in particular, if we fix

$$
\begin{equation*}
M:=1+\frac{\varepsilon_{1}^{2-p} c_{1}}{16} \geq 2 \tag{3.10}
\end{equation*}
$$

in the definition of $T_{r}^{\omega(\cdot)}$, provided that $\varepsilon_{1}^{p-2} \leq c_{1} / 16$, then

$$
T_{r}^{\omega(\cdot)}-\widetilde{T}_{r}^{\omega(\cdot)} \geq T_{r}^{\omega(\cdot)}-[\omega(r)]^{(2-p)\left(2+\frac{\kappa}{\kappa-1}\right)} r^{p}=\varepsilon_{1}^{2-p} c_{1} r^{p} \frac{[\omega(r)]^{(2-p)\left(2+\frac{\kappa}{\kappa-1}\right)}}{16}
$$

Thus we have, by (3.7), that

$$
\begin{aligned}
T_{r}^{\omega(\cdot)}-t_{r}^{1} \geq T_{r}^{\omega(\cdot)}-\widetilde{T}_{r}^{\omega(\cdot)} & =c_{1}\left(\frac{r}{4}\right)^{p}\left(\frac{\varepsilon_{1}}{4}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}}\right)^{2-p} \\
& \geq c_{1}\left(\frac{r}{4}\right)^{p}\left(f_{B_{r / 4}} \hat{v}\left(x, t_{r}^{1}\right) d x\right)^{2-p}=\tau
\end{aligned}
$$

and hence (3.8) is satisfied.
Now the goal is to push positivity at time $t_{r}^{1}+\tau$ up to time $T_{r}^{\omega(\cdot)}$; note that by (3.8) and subsequent lines, $t_{r}^{1}+\tau \leq T_{r}^{\omega(\cdot)}$. To do this, we use Proposition 2.5, with $k=\varepsilon_{1}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}} /\left(8 c_{2}\right)$, to obtain

$$
\begin{aligned}
\inf _{B_{r / 2} \times\left(t_{r}^{1}+\tau / 2, T_{r}^{\omega(\cdot)}\right)} \hat{v} & \geq \frac{k}{c_{3}}\left(1+c_{3}(p-2) k^{p-2} \frac{T_{r}^{\omega(\cdot)}-\left(t_{r}^{1}+\tau / 2\right)}{(r / 4)^{p}}\right)^{-\frac{1}{p-2}} \\
& \geq \frac{\varepsilon_{1}}{8 c_{2} c_{3}}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}}\left(1+\tilde{c} c_{3}(p-2)\right)^{-\frac{1}{p-2}}
\end{aligned}
$$

since

$$
T_{r}^{\omega(\cdot)}-\left(t_{r}^{1}+\frac{\tau}{2}\right) \leq T_{r}^{\omega(\cdot)} \leq \frac{c_{1}}{8 \varepsilon_{1}^{p-2}}[\omega(r)]^{(2-p)\left(2+\frac{\kappa}{\kappa-1}\right)} r^{p}=\tilde{c} k^{2-p} r^{p}
$$

$\tilde{c}$ depending on $p, c_{1}, c_{2}$ and hence, ultimately, only on $n, p$ and $\Lambda$. Recalling that, clearly, $\hat{v} \leq v$, and noting that $\tau \leq T_{r}-\widetilde{T}_{r}^{\omega(\cdot)}$ and $\widetilde{T}_{r}^{\omega(\cdot)} \leq T_{r}^{\omega(\cdot)} / 2$, by (3.8) and (3.10), we conclude that the infimum of $v$ has been lifted and thus we have reduced the oscillation: we have indeed proved that

$$
\begin{equation*}
\text { (3.3) and (Alt. 1) } \Longrightarrow \quad \underset{B_{r / 4} \times\left(3 T_{r}^{\omega(\cdot)} / 4, T_{r}^{\omega(\cdot)}\right)}{\operatorname{osc}} v \leq \underset{Q_{r}^{\omega(\cdot)}}{\operatorname{osc}} v-\theta_{1}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}} \tag{3.11}
\end{equation*}
$$

with $\theta_{1} \equiv \theta_{1}\left(n, p, \Lambda, \varepsilon_{1}\right) \in(0,1)$.
3.3. The second alternative. Let us now consider the case when the second alternative (Alt. 2) holds:

$$
\left|\widetilde{Q}_{r}^{\omega(\cdot)} \cap\left\{v \geq \frac{\operatorname{osc} v}{4}\right\}\right| \leq \varepsilon_{1}[\omega(r)]^{1+\frac{\kappa}{\kappa-1}}\left|\widetilde{Q}_{r}^{\omega(\cdot)}\right|
$$

We shall use this information as a starting point for a De Giorgi-type iteration, where we fix the sequence of nested cylinders as

$$
U_{j}=B_{j} \times \Gamma_{j}:=B_{\left(1+2^{-j}\right) r / 8} \times\left(\frac{1-2^{-j}}{2} \widetilde{T}_{r}^{\omega(\cdot)}, \widetilde{T}_{r}^{\omega(\cdot)}\right)
$$

and we consider cut-off functions $\phi_{j}$ such that

$$
\phi_{j} \equiv 1 \quad \text { in } U_{j+1} \quad \text { and } \quad \phi_{j}=0 \quad \text { on } \partial_{p} U_{j}
$$

with

$$
\begin{equation*}
\left(\partial_{t} \phi_{j}^{p}\right)_{+} \leq \frac{c 2^{j}}{\widetilde{T}_{r}^{\omega(\cdot)}} \quad \text { and } \quad\left|D \phi_{j}\right| \leq \frac{c 2^{j}}{r} \tag{3.12}
\end{equation*}
$$

Using then the energy estimate (2.8), with $\kappa$ defined in (3.4) (with the formal agreement that $1 / \infty=0$ and

$$
\left.\left(f_{B_{j}}\left[(v-k)_{+} \phi_{j}\right]^{\kappa p} d x\right)^{1 / \kappa}:=\left\|(v-k)_{+} \phi_{j}\right\|_{L^{\infty}\left(B_{j}\right)}^{p} \quad \text { when } \kappa=\infty\right)
$$

we infer

$$
\begin{aligned}
& f_{U_{j+1}}(v-k)_{+}^{2(1-1 / \kappa)+p} d x d t \\
& \leq f_{U_{j}}\left[(v-k)_{+}^{2} \phi_{j}^{p}\right]^{(1-1 / \kappa)}(v-k)_{+}^{p} \phi_{j}^{p} d x d t \\
& \leq f_{\Gamma_{j}}\left[f_{B_{j}}(v-k)_{+}^{2} \phi_{j}^{p} d x\right]^{1-1 / \kappa}\left[f_{B_{j}}\left[(v-k)_{+} \phi_{j}\right]^{\kappa p} d x\right]^{1 / \kappa} d t \\
& \leq c\left[\widetilde{T}_{r}^{\omega(\cdot)}\right]^{1-1 / \kappa}\left[\sup _{t \in \Gamma_{j}} \frac{1}{\widetilde{T}_{r}^{\omega(\cdot)}} f_{B_{j}}\left[(v-k)_{+}^{2} \phi_{j}^{p}\right](\cdot, t) d x\right]^{1-1 / \kappa} \times \\
& \times r^{p} f_{U_{j}}\left|D\left[(v-k)_{+} \phi_{j}\right]\right|^{p} d x d t \\
& \leq c r^{p}\left[\widetilde{T}_{r}^{\omega(\cdot)}\right]^{1-1 / \kappa}\left[f _ { U _ { j } } \left((v-k)_{+}^{p}\left|D \phi_{j}\right|^{p}\right.\right. \\
& \quad\left.\left.\quad\left[(v-k)_{+}^{2}+\widetilde{\mathcal{L}_{h}}(b+\varepsilon-k)_{+} \chi_{\{v \geq k\}}\right]\left(\partial_{t} \phi_{j}^{p}\right)_{+}\right) d x d t\right]^{2-1 / \kappa}
\end{aligned}
$$

using Hölder's inequality and Sobolev's embedding. The next step is to choose the levels

$$
k_{j}:=\operatorname{osc} v-\frac{1+2^{-j}}{4} \omega(r)
$$

We have $k_{j}>\frac{\operatorname{osc} v}{4}$, since $\omega(r) \leq \operatorname{osc} v$, and the relations

$$
\begin{aligned}
& \left(v-k_{j}\right)_{+} \geq\left(k_{j+1}-k_{j}\right) \chi_{\left\{v \geq k_{j+1}\right\}}=2^{-j-3} \omega(r) \chi_{\left\{v \geq k_{j+1}\right\}} \\
& \left(v-k_{j}\right)_{+} \leq[\omega(r)] \chi_{\left\{v \geq k_{j}\right\}} \\
& \left(b+\varepsilon-k_{j}\right)_{+} \leq \omega(r) \quad(\text { since } b \leq \operatorname{osc} v \text { and } \varepsilon \leq \omega(r) / 8)
\end{aligned}
$$

We go back to the iteration inequality, with the notation

$$
A_{j}:=\frac{\left|U_{j} \cap\left\{v \geq k_{j}\right\}\right|}{\left|U_{j}\right|}
$$

to obtain, using the definition of $T_{r}^{\omega(\cdot)}(2.5)$ and (3.12)

$$
\begin{aligned}
& \left(2^{-j-3} \omega(r)\right)^{2(1-1 / \kappa)+p} A_{j+1} \\
& \quad \leq c r^{p}\left[\widetilde{T}_{r}^{\omega(\cdot)}\right]^{1-1 / \kappa}\left[2^{j} \frac{\omega(r)}{\widetilde{T}_{r}^{\omega(\cdot)}}+2^{j} \frac{\omega(r)^{2}}{\widetilde{T}_{r}^{\omega(\cdot)}}+2^{j p} \frac{\omega(r)^{p}}{r^{p}}\right]^{2-1 / \kappa} A_{j}^{2-1 / \kappa} \\
& \quad \leq c^{j} r^{p}\left[r^{p}[\omega(r)]^{2-p}\right]^{1-1 / \kappa}\left[\frac{\omega(r)^{p-1}}{r^{p}}+\frac{\omega(r)^{p}}{r^{p}}\right]^{2-1 / \kappa} A_{j}^{2-1 / \kappa}
\end{aligned}
$$

$$
\leq c^{j}[\omega(r)]^{(2-p)(1-1 / \kappa)+(p-1)(2-1 / \kappa)} A_{j}^{2-1 / \kappa}
$$

Note here that we also appealed to the fact that $0 \leq \widetilde{\mathcal{L}_{h}} \leq 1$. Thus,

$$
\begin{aligned}
A_{j+1} & \leq c_{0}^{j}[\omega(r)]^{(2-p)(1-1 / \kappa)+(p-1)(2-1 / \kappa)-p-2(1-1 / \kappa)} A_{j}^{2-1 / \kappa} \\
& =c_{0}^{j}[\omega(r)]^{-(2-1 / \kappa)} A_{j}^{2-1 / \kappa},
\end{aligned}
$$

where the constant $c_{0}$ depends only on $n, p, \Lambda$ and $\kappa$. The lemma on the fast convergence of sequences asserts that $A_{j} \rightarrow 0$ if

$$
A_{0} \leq c_{0}^{-(1-1 / \kappa)^{-2}}[\omega(r)]^{\frac{2 \kappa-1}{\kappa-1}}
$$

which is exactly our assumption (Alt. 2), once we fix the value of $\varepsilon_{1}$ as

$$
\varepsilon_{1}:=\min \left\{c_{0}^{-(1-1 / \kappa)^{-2}},\left(c_{1} / 16\right)^{1 /(p-2)}\right\}
$$

We conclude that

$$
\begin{equation*}
v \leq \operatorname{osc} v-\frac{\omega(r)}{4} \quad \text { in } \quad B_{r / 8} \times\left(\widetilde{T}_{r}^{\omega(\cdot)} / 2, \widetilde{T}_{r}^{\omega(\cdot)}\right) \tag{3.13}
\end{equation*}
$$

Note that $\varepsilon_{1}$ is a quantity depending only on $n, p, \Lambda$ and $\kappa$ through the dependencies of $c_{0}$ and $c_{1}$. This, via (3.10), fixes also the value of $M$ as a constant depending only on $n, p, \Lambda$ and possibly on $\kappa$.

We next need to forward this information in time, and to do this we first use the logarithmic Lemma 2.2 and then another De Giorgi iteration. Note, indeed, that now $M \equiv M(n, p, \Lambda, \kappa)$ is fixed; hence, for $\nu^{*} \in(0,1)$ to be chosen, (3.13) together with Lemma 2.2 yields

$$
\frac{\left|\left(B_{r / 16} \times\left(\widetilde{T}_{r}^{\omega(\cdot)} / 2, T_{r}^{\omega(\cdot)}\right)\right) \cap\left\{v \geq \operatorname{osc} v-\varsigma[\omega(r)]^{2+\frac{\kappa}{\kappa-1}}\right\}\right|}{\left|B_{r / 16} \times\left(\widetilde{T}_{r}^{\omega(\cdot)} / 2, T_{r}^{\omega(\cdot)}\right)\right|} \leq \nu^{*}
$$

for a constant $\varsigma \equiv \varsigma\left(n, p, \Lambda, \kappa, \nu^{*}\right) \in(0,1)$; this will be the starting point of our second iteration. Let indeed

$$
V_{j}:=B_{\left(1+2^{-j}\right) r / 32} \times\left(\widetilde{T}_{r}^{\omega(\cdot)}, T_{r}^{\omega(\cdot)}\right), \quad B_{j}:=B_{\left(1+2^{-j}\right) r / 32}
$$

and consider smooth cut-off functions $\phi_{j}$, depending only on the spatial variables, such that

$$
\phi_{j} \equiv 1 \quad \text { in } B_{j+1} \quad \text { and } \quad \phi_{j}=0 \quad \text { on } \partial B_{j}, \quad \text { with } \quad\left|D \phi_{j}\right| \leq \frac{c 2^{j}}{r}
$$

If we choose a level such that $k \geq \operatorname{osc} v-\omega(r) / 4$, then

$$
\begin{equation*}
(v-k)_{+} \phi^{p}=0 \quad \text { on } \partial_{p} V_{j} \tag{3.14}
\end{equation*}
$$

by (3.13), so recalling that $1 / \alpha=1+\kappa /(\kappa-1)$, we put

$$
k_{j}=\operatorname{osc} v-\frac{\left(1+2^{-j}\right)}{8} \varsigma[\omega(r)]^{2+\frac{\kappa}{\kappa-1}}=\operatorname{osc} v-\frac{\left(1+2^{-j}\right)}{8} \varsigma[\omega(r)]^{\frac{\alpha+1}{\alpha}}
$$

note that $k_{j} \geq \operatorname{osc} v-\frac{\omega(r)}{4}$. We redefine

$$
A_{j}:=\frac{\left|V_{j} \cap\left\{v \geq k_{j}\right\}\right|}{\left|V_{j}\right|}
$$

and observe that

$$
\left(v-k_{j}\right)_{+} \leq \varsigma[\omega(r)]^{\frac{\alpha+1}{\alpha}} \quad \text { and } \quad\left(v-k_{j}\right)_{+} \geq 2^{-j-4} \varsigma[\omega(r)]^{\frac{\alpha+1}{\alpha}} \chi_{\left\{v \geq k_{j+1}\right\}}
$$

Using again Caccioppoli's estimate,

$$
\left[2^{-j-4} \varsigma[\omega(r)]^{\frac{\alpha+1}{\alpha}}\right]^{p+\frac{2 \alpha}{1-\alpha}} A_{j+1} \leq c r^{p}\left[T_{r}^{\omega(\cdot)}\right]^{\frac{\alpha}{1-\alpha}}\left[2^{j p} \frac{\left[\varsigma[\omega(r)]^{\frac{\alpha+1}{\alpha}}\right]^{p}}{r^{p}}\right]^{\frac{1}{1-\alpha}} A_{j}^{\frac{1}{1-\alpha}}
$$

because of (3.14) and the fact that $\phi$ is time independent. This implies

$$
\begin{aligned}
A_{j+1} \leq & c^{j} M^{\frac{\alpha}{1-\alpha}} r^{\frac{p}{1-\alpha}} \varsigma^{\frac{p}{1-\alpha}-p-\frac{2 \alpha}{1-\alpha}} \\
& \quad \times \frac{[\omega(r)]^{(2-p)\left(\frac{\alpha+1}{\alpha}\right) \frac{\alpha}{1-\alpha}+\left(\frac{\alpha+1}{\alpha}\right)\left[\frac{p}{1-\alpha}-\left(p+\frac{2 \alpha}{1-\alpha}\right)\right]}}{r^{\frac{p}{1-\alpha}}} A_{j}^{\frac{1}{1-\alpha}} \\
= & c^{j} M^{\frac{\alpha}{1-\alpha}} \varsigma^{\frac{\alpha}{1-\alpha}(p-2)} A_{j}^{\frac{1}{1-\alpha}} \\
\leq & \tilde{c}^{j} M^{\frac{\alpha}{1-\alpha}} A_{j}^{\frac{1}{1-\alpha}},
\end{aligned}
$$

since $\varsigma<1$, and for $\tilde{c}$ depending on $n, p, \Lambda$ and $\kappa$; recall indeed again that $M \equiv$ $M(n, p, \Lambda, \kappa)$ has already been fixed. The sequence $A_{j}$ is then infinitesimal if

$$
A_{0} \leq \tilde{c}^{-\left(\frac{1-\alpha}{\alpha}\right)^{2}} M^{-1}=: \nu^{*}
$$

this fixes the value of $\varsigma$ and also in this case we can conclude

$$
\begin{align*}
& \text { (3.3) and (Alt. 2) } \\
& \underset{B_{r / 32} \times\left(\widetilde{T}_{r}^{\omega(\cdot)}, T_{r}^{\omega(\cdot)}\right)}{\operatorname{Osc}} v=  \tag{3.15}\\
& \sup _{B_{r / 32} \times\left(\widetilde{T}_{r}^{\omega(\cdot)}, T_{r}^{\omega(\cdot)}\right)} v \leq \operatorname{osc} v-\theta_{Q_{r}^{\omega(\cdot)}}[\omega(r)]^{2+\frac{\kappa}{\kappa-1}},
\end{align*}
$$

if we call $\theta_{2} \equiv \theta_{2}(n, p, \Lambda, \kappa):=\varsigma / 8 \in(0,1)$; recall that $\widetilde{T}_{r}^{\omega(\cdot)} \leq T_{r}^{\omega(\cdot)} / 2$. We have succeeded yet again to reduce the oscillation.

## 4. Deriving the modulus of continuity

We now show how the results of the previous Section lead to Theorem 1.1; we fix here the value of $L$ as follows:

$$
\begin{equation*}
L:=\max \left\{\left(\frac{32 \alpha \ln 32}{\theta}\right)^{\alpha}, 2 p^{\alpha} \Lambda\right\} \tag{4.1}
\end{equation*}
$$

for $\alpha$ defined in (1.10) and $\theta:=\min \left\{\theta_{1}, \theta_{2}\right\}$ (see (3.11) and (3.15)), and we consider a cylinder $\bar{Q}_{r_{0}}^{\omega(\cdot)} \subset \Omega_{T}$, where here is

$$
\begin{equation*}
\bar{Q}_{r}^{\omega(\cdot)}:=B_{r}\left(x_{0}\right) \times\left(t_{0}-2^{2-p} \max \left\{\underset{\Omega_{T}}{\operatorname{osc}} u, 1\right\}^{2-p} T_{r}^{\omega(\cdot)}, t_{0}\right) \tag{4.2}
\end{equation*}
$$

$T_{r}^{\omega(\cdot)}=M[\omega(r)]^{(2-p)(1+1 / \alpha)} r^{p}$ with $M$ being fixed in (3.10) and $\omega(\cdot)$ now is defined according to the choice of $L$ performed above. We stress that this in particular gives

$$
\begin{equation*}
\omega(r) \geq\left(\frac{32 \alpha \ln 32}{\theta}\right)^{\alpha}\left[p+\ln \left(\frac{r_{0}}{r}\right)\right]^{-\alpha} \tag{4.3}
\end{equation*}
$$

The scaling we perform now is the one described in subsection 2.2 , with $T_{0}=$ $t_{0}-T_{r}^{\omega(\cdot)}, \bar{T}=T_{r}^{\omega(\cdot)}$ and $\lambda:=\max \left\{\operatorname{osc}_{\Omega_{T}} u, 1\right\}$, which allows to obtain solutions $\bar{u}_{\varepsilon}$ in

$$
\hat{Q}_{r_{0}}=B_{r_{0}} \times\left(t_{0}-T_{r_{0}}^{\omega(\cdot)}, t_{0}\right) ;
$$

note that

$$
\underset{\hat{Q}_{r_{0}}}{\operatorname{osc}} \bar{u}_{\varepsilon} \leq \frac{1}{2 \max \left\{\operatorname{osc}_{\Omega_{T}} u, 1\right\}} \underset{\bar{Q}_{r_{0}}^{\omega(\cdot)}}{\operatorname{osc}} u_{\varepsilon} \leq 1
$$

for $\varepsilon>0$ small enough, by local uniform convergence. Note also that $\varepsilon$ could depend on the starting cylinder in (4.2), but this is not a problem here. What we prove now is

$$
\begin{equation*}
\underset{\hat{Q}_{r}}{\operatorname{osc}} \bar{u}_{\varepsilon} \leq c \omega(r)+2^{8} \Lambda \varepsilon \quad \text { for all } r \leq r_{0} \tag{4.4}
\end{equation*}
$$

for a constant $c$ depending only on $n, p, \Lambda$ and $\alpha$, and this will imply Theorem 1.1 in a straightforward manner, taking into account the assumed local uniform convergence of $u_{\varepsilon}$ to $u$, scaling back to $\bar{Q}_{r}^{\omega(\cdot)}$ and redefining the constant $M$. For radii $r \leq r_{0}$ we shall consider $w=\beta\left(\bar{u}_{\varepsilon}\right)$ as in (2.2); observe that by the Lipschitz regularity of $\beta$ we have

$$
\underset{\hat{Q}_{r}}{\operatorname{osc} w}=\underset{\hat{Q}_{r_{0}}}{\operatorname{osc}} \beta\left(\bar{u}_{\varepsilon}\right) \leq \Lambda \underset{\hat{Q}_{r_{0}}}{\operatorname{osc}} \bar{u}_{\varepsilon} \leq \Lambda
$$

Finally, we shall also translate our solution $w$ to $v$ as in (3.1); notice that also $\operatorname{osc}_{\hat{Q}_{r}} v \leq \Lambda$.
4.1. Iteration. To obtain (4.4), we first choose the starting point of our iteration in the following way: noting that $\omega\left(r_{0}\right) \geq \Lambda, \omega(\varrho) \rightarrow 0$ as $\varrho \downarrow 0$ and $\omega(\cdot)$ is continuous and increasing, we take the largest (and unique) radius $\tilde{r}_{0} \in\left(0, r_{0}\right]$ such that $\omega\left(\tilde{r}_{0}\right)=\Lambda$. The radius $\tilde{r}_{0}$ can be written as $r_{0} / \tilde{c}$, where $\tilde{c}$ depends only on $n, p, \Lambda$ and $\alpha$. We let, for $i \in \mathbb{N}_{0}$,

$$
r_{i}:=32^{-i} \tilde{r}_{0}, \quad \text { and } \quad Q_{i}:=\hat{Q}_{r_{i}}=B_{r_{i}} \times\left(t_{0}-T_{r_{i}}^{\omega(\cdot)}, t_{0}\right)
$$

from now on, we will work with the function $v$ defined just above. From the analysis of Section 3, we got that if $\omega\left(r_{i}\right) \leq \operatorname{osc}_{Q_{i}} v$ and $\varepsilon<\omega\left(r_{i}\right) / 8$, then

$$
\begin{equation*}
\underset{Q_{i+1}}{\operatorname{osc}} v \leq \underset{Q_{i}}{\operatorname{osc}} v-\theta\left[\omega\left(r_{i}\right)\right]^{2+\frac{\kappa}{\kappa-1}} . \tag{4.5}
\end{equation*}
$$

Indeed, following subsection 2.2, rescale $v$ defined in $Q_{i}$ to $\bar{v}$ in $B_{r_{i}} \times\left(0, T_{r_{i}}^{\omega(\cdot)}\right)$ (take $\lambda=1$ ); since $\omega\left(r_{i}\right) \leq \operatorname{osc}_{B_{r_{i}} \times\left(0, T_{r_{i}}(\cdot)\right.} \bar{v}$, (3.11) and (3.15) give that

$$
\underset{B_{r_{i} / 32} \times\left(\frac{3}{4} T_{r_{i}}^{\omega(\cdot)}, T_{r_{i}}^{\omega(\cdot)}\right)}{\operatorname{OSC}} \bar{v} \leq \underset{B_{r_{i}} \times\left(0, T_{r_{i}}^{\omega(\cdot)}\right)}{\text { OSc }} \bar{v}-\theta\left[\omega\left(r_{i}\right)\right]^{2+\frac{\kappa}{\kappa-1}}
$$

and, after scaling back, (4.5) is a consequence of the fact that $T_{r_{i+1}}^{\omega(\cdot)} \leq \frac{1}{4} T_{r_{i}}^{\omega(\cdot)}$ : indeed, a direct calculation shows that

$$
\begin{equation*}
\frac{\omega^{\prime}(\varrho) \varrho}{\omega(\varrho)} \leq \frac{\alpha}{p} \text { for } 0<\varrho \leq r_{0} \Longrightarrow \frac{\omega\left(\varrho_{2}\right)}{\omega\left(\varrho_{1}\right)} \leq\left(\frac{\varrho_{2}}{\varrho_{1}}\right)^{\frac{\alpha}{p}} \text { for } \varrho_{1} \leq \varrho_{2} \leq \varrho_{0} . \tag{4.6}
\end{equation*}
$$

We now show that if $\varepsilon<\omega\left(r_{\bar{\imath}}\right) / 8$ for some $\bar{\imath} \in \mathbb{N}$, then

$$
\begin{equation*}
\underset{Q_{i}}{\operatorname{osc} v} \leq 32 \omega\left(r_{i}\right) \tag{4.7}
\end{equation*}
$$

for all $i \in\{0,1, \ldots, \bar{\imath}+1\}$. Suppose then that (4.7) holds for $i \in\{0,1, \ldots, j\}$, with $j \leq \bar{\imath}$ and let's prove that it holds for $j+1$; note that, by the monotonicity of $\omega$, we have $\varepsilon<\omega\left(r_{i}\right) / 8$ for $i \in\{0,1, \ldots, j\}$. Let now $i^{*}$ be the largest integer in $\{0,1, \ldots, j\}$ such that $\operatorname{osc}_{Q_{i}} v<\omega\left(r_{i^{*}}\right)$ holds; note that such an index exists since $\operatorname{osc}_{Q_{1}} v \leq \Lambda=\omega\left(\tilde{r}_{0}\right)$ by our choice of $\tilde{r}_{0}$, and moreover this fixes the inductive starting step. If $i^{*}=j$, then the induction step follows from the doubling property
of $\omega$, i.e., $\omega\left(r_{j}\right) \leq 32 \omega\left(r_{j+1}\right)$. Assume then that $i^{*}<j$ so that, by the induction assumption, we have

$$
\omega\left(r_{i}\right) \leq \underset{Q_{i}}{\operatorname{osc}} v \leq 32 \omega\left(r_{i}\right), \quad \forall i \in\left\{i^{*}+1, \ldots, j\right\}
$$

Therefore, (4.5) is at our disposal for any such index (recall $\varepsilon<\omega\left(r_{i}\right) / 8$ for all $i \leq j)$ and it leads to
for $i \in\left\{i^{*}+1, \ldots, j\right\}$. Iterating and using also the fact that $\operatorname{osc}_{Q_{i^{*}+1}} v \leq \operatorname{osc}_{Q_{i^{*}}} v \leq$ $\omega\left(r_{i^{*}}\right)$, we get

$$
\begin{equation*}
\underset{Q_{j+1}}{\operatorname{Osc}} v \leq \prod_{i=i^{*}+1}^{j}\left(1-\frac{\theta}{32}\left[\omega\left(r_{i}\right)\right]^{1+\frac{\kappa}{\kappa-1}}\right) \omega\left(r_{i^{*}}\right) . \tag{4.8}
\end{equation*}
$$

Now, recalling that $1 / \alpha=1+\kappa /(\kappa-1)$ and using (4.3), we estimate

$$
\begin{aligned}
\prod_{i=i^{*}+1}^{j}\left(1-\frac{\theta}{32}\left[\omega\left(r_{i}\right)\right]^{1+\frac{\kappa}{\kappa-1}}\right) & =\exp \left(\sum_{i=i^{*}+1}^{j} \ln \left(1-\frac{\theta}{32}\left[\omega\left(r_{i}\right)\right]^{1+\frac{\kappa}{\kappa-1}}\right)\right) \\
& \leq \exp \left(-\frac{\theta}{32} \frac{1}{\ln 32} \int_{r_{j}}^{r_{i^{*}}}[\omega(\rho)]^{\frac{1}{\alpha}} \frac{d \rho}{\rho}\right) \\
& =\exp \left(-\alpha \int_{r_{j}}^{r_{i^{*}}} \frac{1}{p+\ln \left(\frac{r_{0}}{\rho}\right)} \frac{d \rho}{\rho}\right) \\
& =\exp \left(-\alpha\left[\ln \ln \left(\frac{e^{p} r_{0}}{r_{j}}\right)-\ln \ln \left(\frac{e^{p} r_{0}}{r_{i^{*}}}\right)\right]\right) \\
& =\exp \left(-\ln \left[\frac{p+\ln \left(\frac{r_{0}}{r_{j}}\right)}{p+\ln \left(\frac{r_{0}}{r_{i^{*}}}\right)}\right]^{\alpha}\right)=\frac{\omega\left(r_{j}\right)}{\omega\left(r_{i^{*}}\right)}
\end{aligned}
$$

Indeed, from the elementary estimate $\ln (1-x) \leq-x$ if $x<1$ and the fact that $\theta\left[\omega\left(r_{i}\right)\right]^{1+\frac{\kappa}{\kappa-1}} / 32<1$, we have

$$
\begin{aligned}
\sum_{i=i^{*}+1}^{j} \ln \left(1-\frac{\theta}{32}\left[\omega\left(r_{i}\right)\right]^{1+\frac{\kappa}{\kappa-1}}\right) & \leq-\frac{\theta}{32} \sum_{i=i^{*}+1}^{j}\left[\omega\left(r_{i}\right)\right]^{1+\frac{\kappa}{\kappa-1}} \\
& \leq-\frac{\theta}{32} \frac{1}{\ln 32} \int_{r_{j}}^{r_{i^{*}}}[\omega(\rho)]^{\frac{1}{\alpha}} \frac{d \rho}{\rho}
\end{aligned}
$$

using also the fact that $\omega(\cdot)$ is increasing. Inserting this computation in (4.8) and using the doubling property of $\omega(\cdot)$, we get

$$
\underset{Q_{j+1}}{\operatorname{osc}} v \leq \frac{\omega\left(r_{j}\right)}{\omega\left(r_{i^{*}}\right)} \omega\left(r_{i^{*}}\right)=\omega\left(r_{j}\right) \leq 32 \omega\left(r_{j+1}\right)
$$

and the (finite) induction is complete.
4.2. Conclusion. To conclude, for $\varepsilon \in(0,1)$ fixed, corresponding to the solution $v$, see (2.2) and (3.1), take $\bar{\imath} \in \mathbb{N}$ as the smallest index such that $\omega\left(r_{\bar{\imath}}\right) / 8 \geq \varepsilon$. By (4.7), we have

$$
\underset{Q_{i}}{\operatorname{osc} v \leq 32 \omega\left(r_{i}\right), \quad \text { for } i \in\{0,1, \ldots, \bar{\imath}\} . . . ~ . ~}
$$

Now for a radius $r \in\left(r_{\bar{\imath}+1}, \tilde{r}_{0}\right]$, call $\hat{\imath}$ the index in $\{0,1, \ldots, \bar{\imath}\}$ such that $r_{\hat{\imath}+1}<r \leq$ $r_{\hat{\imath}}$. We have

$$
\underset{\hat{Q}_{r}}{\operatorname{osc} v \leq \underset{Q_{\hat{\imath}}}{\operatorname{osc}} v \leq 32 \omega\left(r_{\hat{\imath}}\right) \leq(32)^{2} \omega\left(r_{\hat{\imath}+1}\right) \leq(32)^{2} \omega(r) ; ~}
$$

on the other hand, for $r \in\left(0, r_{\bar{\imath}+1}\right]$ we trivially estimate

$$
\underset{\hat{Q}_{r}}{\operatorname{OSc}} v \leq \underset{Q_{\bar{\imath}+1}}{\operatorname{OSC}} v \leq 32 \omega\left(r_{\bar{\imath}+1}\right)<2^{8} \varepsilon
$$

Finally, if $r \in\left(\tilde{r}_{0}, r_{0}\right]$, we simply use (4.6) in the following way:

$$
\underset{\hat{Q}_{r}}{\operatorname{OSc} v \leq \omega\left(r_{0}\right) \leq \omega\left(\tilde{r}_{0}\right)\left(\frac{r_{0}}{\tilde{r}_{0}}\right)^{\frac{\alpha}{p}} \leq c \omega\left(\tilde{r}_{0}\right) \leq c \omega(r), ~}
$$

recalling that $\tilde{r}_{0} \equiv r_{0} / \tilde{c}(n, p, \Lambda, \alpha)$. (4.4) now follows recalling that $v$ is a translation of $w$ and taking into account the Lipschitz property of $\beta$.

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