HOPE FOR DEMOCRACY

25 YEARS OF PARTICIPATORY BUDGETING WORLDWIDE

THECNICAL FILE

"HOPE FOR DEMOCRACY – 25 YEARS OF PARTICIPATORY BUDGETING WORLDWIDE"

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GIOVANNI ALLEGRETTI

PAYING ATTENTION TO THE PARTICIPANTS' PERCEPTIONS IN ORDER TO TRIGGER A VIRTUOUS CIRCLE

One of the most interesting studies on participatory budget published last year is the book "El círculo virtuoso de la democracia: los presupuestos participativos a debate" ritten by Ernesto Ganuza and Francisco Francés. The authors present PB in an incremental approach, as an instrument that reinforces mutual trust between citizens and institutions through gradual processes that are closely related to the "design," that is, the architecture of the participative process itself. This factor is described – in the different experiences reported – as an engine, or on the contrary, as an inhibitor, whether of virtuous relationships between the different players of the territory or of its own "legitimacy" while a new "institution" acknowledged by inhabitants as a space that places in direct cooperation administrators and administered people, progressively dematerializing the border between them.

This perspective is, undoubtedly, of strategic importance in a planet where we live a deep crisis of legitimacy of traditional democratic institutions, especially the ones within representative politics. In fact, the increasingly visible estrangement of citizens from many of the institutions that they should perceive as their "own representatives and the defenders of their interests" is stressed out by the self-referential behaviours of many elected authorities, which collide with the economic crisis many countries are facing, making it appear that the world of politics is a "caste" (Rizzo and Stella, 2007) that only pursues its own survival and the maintenance of its positions of power. It is obvious that the distrust in the ability of democracy to fulfil its promises can not be solely attributed to the political class, given that (as Pippa Norris stresses out in her book Democratic Deficit, of 2011) the distance between the citizens' expectations and the results that the government institutional systems are able to produce tend to worsen due to competition phenomena (which sometimes can be positive) that enter in short-circuit, determining "vicious circles" of negativity. Just to give an example: part of the perception of the growing distance between citizens and their political representatives is due to the sounding board role of the media, and also the higher dissemination of culture and access to school, that made people more demanding, and have contributed to widen the gap between the expectations the citizens have towards democracy and its actual performance.

This perspective calls our attention for a central factor that each participatory process should take into account: the existence of "social construction of reality" phenomena, in which continuous short circuits are determined between the operation of institutions and the perceptions that the different inhabitants have of them. These per-

Participation in public choices is a manner of improving our democracy. This demands the capability to build a living process, where everyone has room and a voice, adjusting to constant changes. I believe this is the most authentic manner of making politics (Iolanda Romano, Cosa fare come fare. Decidere insieme per praticare davvero la democrazia, 2012)

ceptions are closely related to prejudices, expectations, and the degree of demand and critical capabilities of the latter. Traditionally, if an area is more sensitive and deeply related to the people's yearnings, the latter shall weight a lot in the final perception of the performance. With this in mind, is therefore understandable that representative democracy is seldom considered as satisfactory. In fact, we all feel that in a world where the number of countries formally defined as "democratic" is growing every year (Freedom House, 2012), the *qualitative intensity* of democratic regimens, on the contrary, is constantly lower, especially in many of the countries that already have a consolidated democratic history.

Leonardo Avritzer and Boaventura De Sousa Santos (2003) have been drawing attention to the "dual pathology of liberal democracies" that includes, at the same time, a "representation pathology", that is "the fact that the citizens consider themselves less and less represented by those they have elected," and a "participation pathology," related to an increasingly common idea that "it's nor worth to participate", as the citizens "feel too little" (Santos, 2008) to face the big interests and the political and economic dynamics which master society. In fact, the second component is linked to the first one especially in what concerns the processes that Ibarra (2007) has defined as "participation by invitation," opposing to the dynamics of "participation by irruption" that arises when people seek to dialogue with the institution by means of self-mobilization and occupation – temporary of permanent – of physical and virtual spaces. The arenas of "participation by invitation" are the ones created when one or more institutions officially opens social dialogue spaces and "admits" the presence of citizens in moments of public debate and decision-making; most of the times they are merely "concessions" (therefore these are processes initiated with an "up to bottom" direction) confined in micro-spaces of decision whose incidence on the set of public politics is limited or residual. These have an intrinsic vulnerability that may also affect the most interesting and bold cases, such as several participatory budgets that accept to co-decide together with their citizens some non-secondary slices of public resources, and therefore greatly reduce the margin of discretionary decisions of elected representatives. This vulnerability is the result of the nature of this "invitation" itself, coming from institutions that no longer have the complete trust of the territory inhabitants, and so each proposal coming from them (including the ones on open participatory decisions) is surrounded by suspicion and perceived with scepticism.

What can, then, reinforce this proposal that – bravely – try to break up the traditional monopoly of the north-western representative democracy? We believe that the answer is largely related to the architecture of the participatory processes themselves, as well as to information and communication mechanisms created to take root in the society. These two elements, in fact, tend to be assumed by the inhabitants as indicators unveiling the actual intentions of a representative institution toward the participatory process. They are interconnected with a series of central elements to determine an acceptance more (or less) convinced of the proposed participatory path by the population, that is related not only with the volume of resources placed into discussion or the choice of

a co-operative participatory modality (and not only a consulting one), but also with the mode of construction of game rules, with no mutual ambiguity of communication, with the room dedicated to training and empowerment of social players, with the capability of the process of not demonizing conflicting elements, with the time and the debate disposition and the eventual voting of priorities, and the necessary "filters" to narrow down the proposals arising from the society before making a decision on their prioritization.

As such, this article aims to discuss some of these themes that, in several examples of existing participatory budgets, have shown to have an important weight over legitimating and the ability to create territorial roots for the processes themselves. Although we begin by quoting some examples of processes that are not PB, we will then try to focus on our own budgets in order to enlighten the specificities that make these reflections particularly pertinent.

1. Not trivializing the participation

The two macro families of participatory budgets that we have previously quoted, using the definitions by Pedro Ibarra of "participation by invitation" and "participation by irruption" – although the two frequently intersect and overlap – tend to receive a differentiated treatment from institutions and elected in representative democracy. What happens the most is that the participation forms "by irruption" are usually criminalized, while the ones "by invitation" deserve a more differentiated set of reactions, from "convinced support" to the cases in which they are tolerated with little enthusiasm, only hoping that they can bring direct benefits to the elected representatives and the institutes of representative democracy.

Such a treatment differentiation contributes – undoubtedly – for the deepening of the "double pathology" of liberal democracies, as due to this some social subjects do not feel recognized in political life and tend to assume conflicting and merely vindicate radical positions. A participatory process that tries to banish conflict from its horizon, or only "anesthetise it" can be perceived not as a new manner of accepting the difference in politics, but only as a mere extension of the representative processes centred in the one that – in the open line opened by Alexis de Tocqueville – could be seen as a "dictatorship of the majority".

In the book "Elogio del conflitto" (2010), psychologists Benasayag and del Rey draw attention for the positive aspects, progressive, and social (and not only) individual growing up that the "conflict" includes and – on the contrary – on the adverse effects of conflict removal by the contemporary political scenario, which creates a "dangerous illusion" that ends up any comparison and confrontation and also opens the door to a political use of conflict menace and criminalization of any divergence from the standard rules. Is it therefore imaginable that a participatory process ends up refusing and demonizing conflict, criminalizing internal dissidence and therefore reproducing the pathology of risk of any dispute and a "disciplinary" logic of reading and using power?

It is true that the refusal to face the conflict within a formalized participatory process

¹See the interpretation of Cluster 2 on the emotional analysis of the text that included interviews with technical personnel of the City Council who work in the Lisbon Participatory Budget and in other processes of social dialogue.

²According to the above mentioned new
Encyclopaedia of Law (enriched for the first time
with the entries "participatory democracy" and
"deliberative democracy") the word has been used
to indicate different scopes of institutionalized
involvement from citizens in the political life of
their territory (from union agreement to militancy
in corporate entities or lobbying) and even to
designate forms of dialogue between different
institutions or the presence of public entities within
the entrepreneurial fabric and agencies providing
services to citizens.

is not always a choice from the institutions. This is the case, for example, of the Tuscany Law no. 69/2007, with which Tuscany Region was self-forced to assemble public debate paths on large infra-structure choices, offering the citizens the possibility to activate this mechanism by collecting signatures; but, in spite of the possibility opened by the law, in the first 5 years of life of that Law, this path was never actually activated (Floridia, 2012). Probably this was due to a lack of confidence of social movements in the regional institutions but also to the desire of keeping alive the easy (and more mediated) forms of antagonist conflict, instead of facing the hard and demanding work of a negotiation dialogue based on deeply analysing the content as well as the proposals and the joint assessment government/society of different alternative choices. In other cases - such as the famous "Public Debate" activated in 2006 on the transformation of the beltway named "Gronda de Genoa" - it can clearly be stated that the success of the participatory process itself was due to the valorisation of the already existing conflict surrounding an issue of high social impact, that rendered the new participatory institution appealing and helped to anchor it in the local territory and the social debate (Bobbio, 2010, Pomatto, 2011).

As such, we can query if the specificities of a participatory budget justify that they refuse or not the conflict. In fact, introducing a competition for scarce resources between a potentially very high number of citizens, movements and organizations, PB seems to be a path of the kind Michelangelo Caponetto (2002) would define as "conflicted," that is, inherently permeated by conflict, as a foundational component of its own nature. On the other hand, this definition surpasses the mere definition of "conflict space" as it includes an objective of overcoming the conflict itself through its open and transparent manifestation. Therefore, more than "anesthetising" the conflict, participatory budgets should promote its gradual overcoming, channelling energy and creativity of participation toward convergences able to abridge around those dates and deadlines or delivering budget documents that exist in every context (by law or internal regulation) and that can become an important "technical" support acting as a catalyser of common ideas or mediation between different positions (Allegretti, 2003). In spite of this potential, there are still may PB processes that try to "tame" the conflict dimension of the participation, or that simple cannot assume it as an important component in the construction of the participatory model. As Falanga has shown relating to the Lisbon PB (2013)¹, this habit is also visible in the speech of institutional players responsible for the organization of the processes, who end up extolling the mythic dimension of the stage of the priority "vote", and forget the stage of discussion and deliberation on the content, that can be less competitive but that would be more important from the point of view of the conflict between values and visions.

This last reflection reveals that the "trivialization" of a participatory process can include different elements, including the secondary value attributed to the deepening of content (deliberative phase) and an over-valuation of the co-decision phase, reduced to a mere sum of preferences individually expressed by the citizens.

It could be worth underlining that the cases of participatory budgeting that improperly use the term "participatory democracy" are not rare. As properly refereed by Umberto Allegretti, in the new Italian Encyclopaedia of Law (2011), the use of this

term is only justified when the participation experiences are reduced to visions and solid horizons of overcoming the semantic prevalence of representative democracy, while in other cases the PB (as well as other paths of social dialogue) are but "participatory moments" slightly associated to the action of representative institutions. In fact, in the last twenty years, the work "participation" has been frequently used in an abusive manner at the international level, until becoming, many times, almost a buzzword, that is, a good word for every season, that incorporates a so vast amount of senses and concepts that it becomes incapable of really communicating anything.² Undoubtedly, the abuse of the "participation" rhetoric has contributed to determine a high level of expectations, frequently frustrated to the point of becoming partially responsible for the feeling of being an "empty" concept, as well as having little weight in the destinies of democracy tout court. Others, and stronger ones, responsible for this feeling are the set of week results that many participatory experiences have determined, regarding a wide variety of errors performed within the processes that characterize them and are closely linked to the original "restrictive or minimalists" dispositions of the same.

With no fear of making a mistake, we could state that the efficacy of most participatory processes and the possibility that they produce satisfaction in the citizens are dependent variables, closely linked to the concrete results produced, as well as the times and disclosure techniques used to render them visible.

Participatory processes also belong to a context where the social construction of reality has a lot of weight in the memory that lasts from the processes and the diffuse perception of their success. We could even raise the hypothesis that they are even more subject to the weight of this perceptive dimension than to any other decision or public policies construction path. All this because they involve emotional issues linked to the confidence between citizens and politicians, self-esteem, voluntarism of civic engagement, the sacrifice of free time and desire of the people to see their lives changing for the better, by means of a direct role in democracy practices finally reinvented as a space of recovery of the "people power", which started it. In this perspective, it is not only what happens in participatory processes that matters, but also the manner in which these events are chained and progressively connected, and also as they are described, valued and finally filed and reproduced in the collective memory (Allegretti, 2013).

We should, in fact, ask ourselves if it makes sense to invest energies and resources to assemble innovating spaces of participation (especially as they are not imposed by any law), if afterwards the promoters are not interested in the reactions that the path generates

in participant players, nor to give voice to the concerns of citizens. In fact, many participatory processes downplay the importance of the perception of the different participant players that form the dialogic nature of any participatory process, and that may contribute to create a "vicious circle" in which the more the process is incapable of meeting the expectations and desires of the participants, the weaker the response to the institutions efforts to open new interaction spaces, demoralizing the political representatives and blocking the efforts to advance with innovations that require a lot of energy, investments and – frequently – political loneliness from the elected persons (and many technicians) who bear these trials.

As such, two main hypothesis guide our navigation:

- 1) the first is that the peculiar nature of every participatory process consists in the creation and continuous recreation of social capital, understood as a set of positive energies set to work for intensification of democratic quality;
- 2) the second hypothesis is that the social capital dispersion (that may happen due to errors blocking the investment of civic energies in the construction of the territory and public politics) is an almost irreversible phenomena. That is, when an individual understands that the good will with which he "donated" his free time or knowledge for a process of supposed social transformation was underrated, his contributions were wasted and his trust in the institutions betrayed with no explanations, he tends to return to the private sphere, according to a set of different behaviours that can include depression, escape the fulfilment of civic duties, withdrawal from any political commitment (including vote), up to revenge actions that include violence and vandalism.

2. Continuities and discontinuities in the definition of PB models

As pointed out by several authors³, the participatory budged cannot be read only as a "standard procedure," that is, a "device" marked by clear relationships between simple and recognizable factors. On the contrary, it is far more realistic to describe it as a set of "principles" that can be locally adapted up to the point of originating processes that are very different. According to this second perspective, the participatory budget is imaginable as an "ideoscape" (Appadurai, 1991), that is a political model that travels globally, but only exists through its local appropriation. As such, the same model ends up transforming itself in an incremental manner by the different located implementations. If the travels the participatory budget has performed in the last 15 years, from Brazil to other countries and continents (Sintomer et al. 2013), and the concrete experiences inspired in this model have been so diverse, this also depends on the fact that the PB, from the first Brazilian experiences of the 90's (including Porto Alegre), has presented an enormous variety of possible goals to be achieved. These differentiated objectives (many times co-present in one single experience) include a large series of different "meanings" that could have been attributed to an experimentation of the PB, according to the different instruments and specific procedures used to mould is organizational architecture. Therefore, in fact, the holistic approach and the conceptual complexity embedded in the idea of participatory budget, imply an attention to the coherence that exists between the declared goals that inspire every PB experience, and the "instruments" and specific "techniques" used in order to reach those goals.

As it is difficult to provide rigid definitions (regulatory or essentialist) in order to recognize and differentiate the PB from other participatory processes typologies, a possible path that some authors have followed was to adopt a definition of the "methodological" type (Sintomer et al, 2008; Sintomer and Allegretti, 2009), choosing to create some "guidance maps" built on Weber "ideal types" that represent different families of participatory budgets. As such, a hexagon was imagined, whose vertices represent different procedural typologies that characterize each specific procedures of PB based on the relationship that is being produced between the specific processes and some predominant models of privileged public management in the specific context in which each experience is included (see Sintomer et al, 2013). An indispensable aspect that these definitions had to include is the fact that participatory budgets are "processes" with evolve (or do not evolve) in time, and that, due to those transformations, can grow in the content quality and attraction capability, or (on the contrary) drain themselves until loosing its original nature and regressing to very traditional forms of politic/society dialogue.

Thus, it is possible to identify a "vital cycle" of each experience of participatory budget, formed by actions that may lead to its progressive evolution or a downgrading (that is, a progressive weakening) that can expose fragilities and even lead to a quick "death" of the experimentation, as shown by a recent article by Alves and Allegretti (2012) on the change in the Portuguese panorama of participatory budgets in the last decade.

In fact, the history of the journey of participatory budgets throughout the planet in the last decade clearly shows that they were – every time – used as opportunities to introduce a visible "discontinuity" in a territory relating to previous tested social dialogues forms or, on the contrary, they were introduced in the "continuity" of pre-existing participatory models, although adding the will to bring new elements of efficacy and creativity. Defining a specific rule – in terms of "it has to be" – on when to adopt one or other strategy would make no sense

at all (besides not being easy), as usually this is related to cyclical and specific choices of each context. But undoubtedly, it is possible to find a "general logic" to which that choice responds to, or at least, it would be wise to respond to: and this is related to the degree of success achieved by previous participatory trials. That is, if those practices did not achieve the aimed goals (in terms of deliberative quality, attraction capability, and diversification of the public, of satisfaction of the players, generated products, etc.), it does not seem to make sense transforming them into a binding and inertial element of a PB path centred in a continuing basis with them. On the contrary, had they shown a huge capability to produce encouraging results, it would make perfect sense rooting the participatory budget in those results, ideating it as an opportunity to introduce new creative elements to evolve, consolidate and perfect the previously existing procedure.

The plurality of definitions existent in the literature to define the PB help to identify the high level of complexity of strictly classifying the experiences of PB, suggesting it would be useless and very little motivating aiming to establish a hierarchy of the cases based on an absolute "value" of each experience, not keeping the reading intimately related to its capability to transform (or not) public policies and civic and political cultures of each specific context.

It would probably be better to adopt the line of reading claimed by Graham Smith (2009), an important author for the study of democratic innovations, who alerts to a frequent "bad practice" in studies on participatory trials, that is, the habit of judging them in relation with the abstract models of participatory coherence and perfection and not according to the positive transformations they introduce in each context. To Smith, the right posture would be to evaluate each experience according to the offer of the institution panorama "before" it appeared and, successively, to evaluate which were the "procedural" transformations that the participatory process underwent with time, progressively moving away from or closer to (with different strength and different degrees of maturing) that perfection probably inaccessible in its entirety.

As shown in literature, there are no absolute valid "star-guides" to express the constant transformation that is in the essence of a participatory budget, avoiding falling into an entropic and progressive impoverishment dynamics. But it is possible to track some "determinant factors" that act in each territory, affecting the success or weaknesses of any PB. Among them, there are four main factors that we should stress: (1) political will; (2) organizational and propositional capability of the social fabric 4; (3) the financial autonomy of the institution proposing the PB and the available resources amount for the participatory budget; (4) the process architecture and the rules with which it warrants equal access to all potential participants.

These four factors do not have a weight and a real incidence merely due to the fact that they exist, but they partially affect the result of a participatory process in the proportion of how the citizens "perceive" the consistency of each one of them. This reflection suggests that a PB may become more or less strong concerning the commitment and the attention granted to ensure the centrality of each one of theses elements, but also according to the establishment, maintenance and disclosure of the relationships between them. This last feature is linked to some fundamental principles that could guide the relationships among different success factors, generating an asset able to consolidate the participatory path and its sustainability. Therefore, in the following section we will try to

³ See DICO – Critical and interdisciplinary dictionary on participation: http://www.participation-et-democratie.fr/fr/node/1035

⁴The first two usually act in a complementary manner, compensating for each other.

identify three of these "guiding" principles (according to Allegretti, 2013) and present some concrete examples that can reinforce problematic areas that show the need to respect these principles.

3. Three pillars to guide the evolution of PB

Several authors (Ganuza and Francés, 2012; Avritzer, 2009; Wampler 2007; Allegretti, 2005) have shown the fragility of the PB relating to representative institutions and the contribution that can be provided for its rooting in the territory through the existence of some pre-requirements (in terms of transparency, coordination, informational capillarity, language clarity and so forth). The "virtuous circle" between the pre-requirements and the innovating character of each specific architecture of a PB would not be activated only based on actions given that the players' perceptions are an integral part of the social construction of reality and, therefore, end up being responsible for an amplifying effect that partly contributes to determine the success of the actions that the participatory process implements and also its own sustainability.

The sustainability of a PB should be understood as the ability of reproducing the process in time, keeping or increasing its possibility to attract participants and produce effective transformations over the territory and structuring public politics. It is proportional to the "resilience" of the same participatory process, that is, its capability to change its shape – if necessary – keeping intact the principles and central values, aiming to adjust to the different external conditions (whether political, institutional or financial). We would like to focus on three guiding principles that seem to be crucial to ensure the continuous evolution of a process without mischaracterizing the values and horizons structuring it. These are the following:

- *a*) Keeping a firm will to characterize the process as a set of rules and instruments intrinsically evolutionary, that is, able to continuously renovate themselves, in an incremental and attentive manner to all that emerges from past monitoring actions.
- b) Structuring all the necessary transformations to assure the PB the possibility to mature, becoming more attractive and effective, and increasing its deliberative quality without forgetting the need that the introduced changes do not affect the "centrality" of the citizens in the process. This does not mean that every introduced change has to be negotiated in detail with the participants, but it is certain that all transformations of the decision model and the relations of power between the players should not be changed without previous consent of the citizens when they risk being perceived by the latter as "threats" to their gradual acquisition of power within the decision mechanism. In fact, if in the origin of the PB there is the will to recover trust relationships between inhabitants and institutional representatives in a time of diffuse distrust in the role, the spirit of service and the integrity of the politicians, it is obvious that each change in the power relationships conveyed by the changes in procedural architecture can be faced as a "betrayal" of the founding spirit of the PB and, therefore, a regression towards the "power of politicians," able to generate some stiffening in the relationships between the players and a waste of the social capital created in the previous process.

c) Finally it will be necessary that each introduced change is gradual and is not excessively "scaring" for the institutional players (whether politicians or members of the technical board). In fact, it is extremely important to be able to explain, defend and show with evidence and appropriate indicators the benefits that the transformation is able to bring to the process as a whole, and its capability of self-probation to citizens.

This last principle is important as the PB are different from other more formalized participatory processes, and are not only a "public policy" (Alves, 2012), therefore unable to survive if it is not constantly supported by political will of those who hold the power of territory management and decisions over public policies. If these players loose confidence in the process, they can threaten the maintenance of the very own "political pact" on which the PB efficacy is based, making it unsustainable in the short term. It is also worth quoting an almost physiological element of political dialect between representative and participatory procedures: that is, the fact that any new elected mayor or city councilman who aims to continue a pre-existent participatory process wants to leave her/his personal imprint, to be able to "take possession" of the creature and caring for her with more passion.

If this legitimate desire is not taken into account by the citizens, and on the contrary is faced as a strange and dangerous threat, there is the risk that the new administrators end up marginalizing the PB, as this is faced merely as an obligation, a heavy heritage of a flagship project (that is, an important "flagship project") of the previous administration that does not add to the new rulers anything that can be disclosed as their "recognizable logo". For example, in 2013, in the town of Condeixa-a-Nova (that has passed from an experience dedicated to the young people to a largest trial that opens two separated but interrelated spaces of co-decision for younger citizens and all the others), the Mayor – who was leaving as he could not be elected to a fourth mandate – decided not to include a set of occasional changes discussed during the previous year PB, with the explicit intention of leaving to his successor all the modifications he would consider useful to negotiate with the inhabitants considering an eventual modification of the general or specific goals of the participatory budget.

In this perspective, there is no sense in asking if we should accept or deny this need to introduce novelties in the participatory process, but the real problem seems to be finding the way to defend the PB accumulated achievements, maximizing all positive contributions of the new elements, without loosing any of the major gains from the past.

It is worth to underline that in Portugal, in the last few years, there is a growing tendency to build "Letters of Principles" that present in writing the goals and the fundamental values on which the process is built upon, asserting themselves almost as a "constitution" to be respected at all times in the transformation of the operating rules that can occur from time to time. Although in the specific Portuguese case there are not (yet) written self-regulations with the participants (as it already happens in Spain and Brazil)⁵, the methodology presents interesting aspects exactly in the sense of allowing changes in the rules that can perfect the process in time, respecting the horizons and values established from the beginning. In order to assure this "constitutional" operation in the relationship between fundamental principles and pro-

⁵Only in the case of Condeixa-a-Nova some rules were discussed (by the participants' willingness) during the PB process of 2012, and consequently changed to 2013. ⁶ Cases such as the PDM from São Paulo and Salvador (whose approval was blocked by justice as they did not comply with the minimum obligations required by law relating to the true participation of citizens in the instrument's design) are many times bring forth in those debates.

⁷Given that the interruption of the PB also is related to the failure of the inhabitants to claim any penalty on its lack of implementation.

In the case of Porto Alegre, some authors (for example Langellier, 2011) underline some risks of the PB self-regulation. For example, after 2005, when the new coalition that replaced the Partido dos Trabalhadores (Workers Party) was not able (or did not want) to contradistinguish some proposals for rule changes presented by a series of segments of the society interested to "arrogate" the process for their own benefit, some measures were approved that have determined a series of setbacks in the level of social coverage of the PB.

9 See: issuu.com/observapoa/docs/ observando_v.1_n.1_2009_?mode=window&view-Mode=doublePage cedural rules, it may be necessary – in the future – to establish an organism for surveillance and monitoring the respect for the "Letter" and eventually improve and detail the principles and fundamental values in time.

In spite of these transformations, we have to acknowledge that to date there have been few examples of participatory budgets in the world that have shown deep attention, not only to the real structuring of the process and the relationships between the players, but also to the centrality of the reactions that each action can determine in its players. Next section, we will try to identify some examples of PB that considered as indispensable to look after the "hypersensitivity" of citizens, which is a normal condition in dialogue processes that touch sensitive aspects relating to emotions, dreams, individual and collective expectations, and that mainly try to value the energies that the individuals participating in the process voluntarily "donate" to the latter, using for that effect the time that could have been spent in activities linked to the private sphere. Namely, we shall centre our discussion on themes linked to financial and organizational architecture of PB processes, trying to show the manner they can affect the mobilization of other determining factors for the success and sustainability of each process.

3. Citizens "in the centre"

If, for many years, most of the Brazilian participatory budgets refused to address the subject of PB process institutionalization through official deliberations, the reason for this refusal was frequently justified by the risk that the processes might became rigid, "frozen" and "bureaucratized," thus becoming linked to the bureaucracy that rules inter-institutional relationships and therefore unable to evolve as quickly as necessary in order to respond to the celerity that often characterizes maturing processes from the players and their relationships within the processes. Beyond these motives, there would be the idea that a PB works and "is worth" when the participants are really passionate by the process as a method of policies elaboration and the deliberative game becomes - in a short period of time - in an institution (Allulli, 2011). That is, something in which the participants, although only temporarily, internalize the rules and principles, therefore legitimizing the process, as they understand it as intrinsically rational and correct, not only as a tool to be used, but also as a public asset to defend. This speech was - undoubtedly - instrumentally used as a comfortable "protective shield" by politicians not willing to formally ratify an important step of transfer of power to citizens, but also to have an instrument of "election blackmail" grounded in the strong link between the PB survival and the permanence of that political force in office. In the beginning of the Millennium - after the sudden death of several PB due to electoral defeats - the debate became more vivid (Allegretti and Alfonsin, 2005), given that citizens have started to claim the need of having a legally binding instrument that, in case of victory of coalitions or political parties that are not interested in promoting PB, would allow them to "charge" the application of new political leaderships, as it happens, for example, with the participatory master plans thanks to the Law of the City Statute⁶

Other countries have acted from the start in a manner that is different from Brazil. In Europe, for example, there are cases of PB (in some areas of Italy and Poland) where politicians – at first – have taken, among the first measures, the decision to formalize the existence of the process, by means of turning it into an acknowledge "right" by the citizens. These trials however, have not been able to assure the process maintenance, as it happened in the Italian County Pieve Emanuele, whose statute includes the PB since 2003, but no one has claimed its implementation since the centre-left coalition lost the municipal elections in 2006. This example – when compared with Brazilian cases in which the change of a political majority did not lead to the PB disappearance (as in Porto Alegre or Caxias do Sul) – tells us that political and also social probation" is one of the key element for the sustainability of a participatory process in time.

As such, we could list the field of a process rules construction as the first and important space for power dispute that can determine the acceptance, the rooting and sustainability of a PB in time. This explains the growing importance that the self-construction has been gaining (to the very own participants) of the rules presiding the participatory budget operation. Such proposal, from the 90's, claimed the need to replace a "top down" regulation with the public discussion of a "self-regulation," in whose transformation the inhabitants have an important degree of control.

The central idea of this tendency is the fact that - being the PB per se a participating instrument "by invitation" (therefore creating many times a sort of "concession", or a "generous opening" in the availability of administrators that legally would have the whole power to execute the choices on their own and in a discretional manner) - the whole construction of the rules is kept in the hands of institutional representatives and that would not trigger new trust relationships, especially in territories and political situations marked by a substantial distrust in institutions. In fact, the participation rules duly established and disclosed "top down" can reinforce scepticism towards the process and the sense that it may represent only a new "bureaucratic trap", where only the ones who created the rules can profit from the benefits of the process. It does not matter how much this impression corresponds to the truth; the fact is that this doubt on the honesty of the PB may arise in the citizens minds, and that is enough to have a negative impact in the legitimization of the process and its rooting in the territory. If self-regulation represents an effective measure to face negative perceptions that a top down regulation can trigger, its efficacy is nevertheless related to the methods used for the revision, and the degree of control and supervision exerted over that moment of the participatory cycle by institutions possible plural in their composition and that, due to that composition, will be recognized as fairer and equidistant from the different players that directly dispute power within the PB.

When, in several cities, the City Councils established PB Monitoring Committees (which include political opposition or even drawn citizens – as in the cities of Capannori and Cascina in Tuscany) this is an acknowledgment of the fact that each space where the rules are built can be (and usually is) perceived as a "space of power" that can benefit the people who have the better knowledge, organizational capability and time to be able to take advantage from it8. Therefore it is crucial that this step of the participatory cycle is monitored and regulated, in order to assure that the change of rules only occurs in a manner perceived as "fair" and not privileging only some groups of territorial players. The "observatories" that began to appear in some cities (in Cameroon, France and in Brazil, Observapoa of Porto Alegre, that nowadays publish the magazine "Observando o Orçamento Participativo de Porto Alegre- Observing the Participatory Budget in Porto Alegre") are also an interesting manner to act - at the same time - on the monitoring of the operation and of the rules and the production of "information to the citizen," therefore avoiding that the informational monopoly from the institutional source becomes an obstacle to the trust in the participatory process.

Today, many cities begin with very "light" operating rules, waiting for new rules to be proposed in the following years by the same citizens according to a growing desire of "guardianship" and "protection" of everyone's right to participate, but also the efficacy and efficiency of the process. Sometimes, these rules "demanded" over time by the citizens are mainly related to the relationships between the participatory process and the administrative routine operation. In fact, the introduction should especially be gradual and consensual on the rules of a "technical" nature, as these can seem as a politicians or the technical body's attempt to re-appropriate themselves of part of the decisions, simulating that they are the result of technical and regulator obligations that can not be disregarded. In this perspective, the usefulness of self-regulation is highly visible, as it allows that the more difficult to digest rules are gradually appropriated and understood by the citizens, and not only rejected as "enemies". As such, the qualitative complexity of a PB occurs gradually and progressively, without causing excessive "shocks" between institutions and citizens.

4. The futile efforts of advisory PB

All the above mentioned, reinforces the refection that one of the central elements of the participatory budget debates is related to the issue of the centrality of the participants in the decision assumption. In fact, while in Brazil, from the 90's onwards, it was never questioned that the PB could only be a "decision-making process" (that is, corresponding to a model in which the inhabitants have the right to decide the list of priorities and the institutions respect the priorities order established by the participants, within the maximum scheduled amount), in other countries and continents there has always been the hypothesis to build "advisory" models of participatory budget. In these models, the citizens express their desires and proposals, but in the end the public institutions make the final decision on which proposals should be included in the list of the financed projects. This second model of PB has been defined in many ways in comparative literature, but always with words that point to a "weak, "light," "poor" commitment and a degree of reduced innovations relating to pre-existing experiences of inhabitants participation in the discussion of public policies and projects. In the comparative analysis between 55 European PB, performed between 2005 and 2009 by the Marc Bloc Institute, under the direction of Professor Yves Sintomer, this PB model was also named as "selective listening": particularly, the analysis underlined the need to include an high level of accountability (or feedback) that can provide citizens with evidence of a good political will relating to consider their proposals, but also detailed information on the reasons that led to the refusal of some proposal and the acceptance of others. Only with this safeguard (the presence of a strong commitment to explain the final choices after the "selection of priorities to be financed" is made by the elected authorities) would nowadays be possible to insert some processes self-denominated PB - such as the Swedish case of Orsa or many of the German examples (more similar to models of "consultation on public finances") in the list of participatory budgets. Today, the debate is still vivid regarding this issue. There are even groups of militant consultants (for example, in Portugal or the United States) who refuse to accept consulting contracts with only advisory PB experiences, claiming their poor autonomy comparing to representative politics, and the lesser capability to resist to alterations determined by changes of external factors. Many radical movements (especially from the left political wing) refute the experiences of advisory PB as "non-influential" in the change of the political culture, because they leave the selective power in the hands of the same elected authorities that would have, in the absence of the PB, made all the decisions. For these critics, public authorities that promote advisory PB frequently make an "instrumental" use of the processes, directing the decisions to preconceived choices, trying to legitimize them by means of the words pronounced by the citizens in the process, but without really promoting a true debate on alternatives nor accepting the "surprises" that frequently arise in the public deliberation phase of the participatory processes.

What interests us from this debate is mainly the fact that the reasons defended by the adversaries of the "advisory" PB model are deeply related to the weight of the "perceptions" of the participants in the possibility of being loyal to a participatory process and acknowledge its legitimacy that should mark a real new "institution". The centre of the problem, seen for the citizen's perspective, is in the mechanism the

Englishmen define as cherry picking. Although the stage in which the elected authorities or their technical bodies choose the priorities in a list of desires and proposals expressed by the citizens can be honest and transparent, for the citizens there are always doubts on the criteria used to finalize that choice.

In fact, it is likely that there is no need for a municipal government to use the speech of the inhabitants in order to legitimize preconceived choices so that the public will form a negative opinion on the manner the selection process was driven. This happens because, in fact, many of the exclusions are not motivated by other reasons than the lack of sufficient resources to be able to accept all the presented proposals. Viewing this motivation, it is extremely difficult to make the excluded accept the fact that their proposals deserved to be less financed than the accepted ones. This is because usually there is no clear statement of the criteria that justify the exclusion or the approval of proposals with apparently the same dignity. And also if those criteria were listed, how would it be viable to make comparisons that seem "objective" between very different proposals based only in definitions such as "efficiency," "realism," the "feasibility," the "public utility," even the "degree of deficiency of the type of equipment proposed" in a given territory?

The PB that use this criteria in the stages of proposal filtering, inserting in their assessment better "targeted" indices or parameters, have always known that these criteria can never be seen as "objective," "neutral" or "equidistant" towards a decision. This is the reason why cases such as the participatory budgets of Porto Alegre, Seville or Cordoba (in Spain) have given a secondary role to these criteria (visible in the attribution of less "weight" over the set of the decision), making clear that the centre of the decisions was the outcome of the vote from which the citizens were and are the only protagonists.

It seems therefore natural that whichever the criteria used to justify a selection of priorities made by someone different from the participants themselves, are perceived as "arbitrary" and "contestable" in the manner in which they were defined and/ or used. In fact, this a structural weakness of the participatory advisory models, that alone are not able to set aside the "mistrust" that the use of high levels of "discretion" in the final decision on the allocation of resources for investments naturally causes in whoever has offered their free time, competency and passion to contribute for the making of better decisions, which are closer to the needs of the inhabitants. The citizen who has invested in a participatory process, in view of the final choice, will also ask himself: "What are the 'hidden criteria' that lead to that choice?" "What was the weight of patronage relationships in the final decision?" Therefore, it does not need to be a choice made with evil intentions. Whatever the final choice proposed by the political players, it would have many possibilities of being perceived as unfair by the citizens.

As such, if no one compels (as in Peru or the Dominican Republic) a local authority to commit in a voluntary participatory process that can hide so many traps and produce negative perception in the public from which it would want to conquer trust in the first place, why risking to launch this adventure without opening a space of decision autonomy for the inhabitants? In the end, we can say that – to obtain a same degree of trust (and legitimacy) from the citizens – a merely advisory PB process implies a

lot more work for the institution than a co-decision PB process, as they have to justify in detail each rejected proposal, with the risk that every explanation can be perceived as negative (such as incomplete, exotic, poorly justified or even performed in bad faith...) by the citizens. In recent years, especially in many European countries (where, in the last half of the previous decade, several trials of advisory PB have been implemented), this reasoning starts to work, as soon as the number of experiences of deliberative nature is growing. A highly visible case is Portugal, where up to 2008 most PB were merely advisory, in the line tried by Palmela municipality, the first participatory budget of the country. In 2012, from the existing 23 trials, only 5 were advisory ones. As shown in the study by Alves and Allegretti (2012), most advisory PB were suddenly interrupted, especially due to the financial and economic crisis that generated a series of cuts in municipal finances, which have determined the blocking of the implementation of some works included in the participatory budget of previous years and a lot of frustration among citizens. Some cases such as Sesimbra municipality (where, in 2010, in its 5th anniversary, the PB went from deliberative to advisory, and then stopped in 2011) show how the disempowerment of the PB and change in the model that can be considered as a "weakening" of the previous trial have acted as an "antechamber of death" for the PB.

In some manner, the advisory PB model has shown to be little "resilient", that is, unable to face the alteration brought by the change in the framework conditions in which the process was held. It is, therefore, understandable why processes such as the Portuguese municipality of Amadora, in a moment of crisis, have chosen to reinforce the intensity of the PB and transform them in co-decision processes, expecting to reinforce the bonds of trust between the population and the institution that proposed the PB by means of a clear statement of the will to change the dominant model of governance hitherto chosen.

Obviously, also in a PB co-decision model there can exist delicate moments that can contribute to determine the image of a lesser or higher commitment of the administration in changing the political culture, offering a really central role to the citizens. Among them, there is especially one step of the decision path that needs to be stressed out, regarding filtering and splaying of the proposal presented by the citizens, aiming to ensure the quality and the reduction of the number of those proposals that will be submitted to vote of the final priorities on which to invest the resources foreseen in the PB.

This splaying operation is always necessary, since many participatory budget models tend to generate a large range of citizen demands, and therefore also risking the public to be lost in the excessive amount of projects, ending up not reading them all before the start of priorities voting. A classic example is Lisbon municipality, where the participatory budget allowed the proposals to be submitted through the internet, which has generated since 2008, a very high number of applications that have (every year) to be necessarily filtrated and reduced in order to allow a conscious and rational voting by the participants. This is the reason why, since 2009, the large amount of "proposals" has to be analysed by a team of technicians from the municipality, that merges and reworks them in articulated "projects": the number of which is about 1/4 or 1/5 of the initial number.

In many cities, this "filtering" has frequently created dissatisfaction, and many proponents claim not to recognize their own original proposal, although the mergers and aggregations include the identification codes of all original ideas which conform them. In Lisbon, a sign of this dissatisfaction was, back in 2009, a revolt that erupted at the beginning of the poll for the winning projects, forcing the City Council to shut down the votes count and reopening the polls, having asked the technicians to collect all complaints and re-evaluate the initial proposal and its merger. 10 From the following year onwards, this procedure became standard, introducing in the PB regulation of the Portuguese capital (and its duplicate in many other cities) a period devoted to the presentation of complaints, followed by the re-evaluation of the projects object of the criticism. It is therefore not strange that other Portuguese cities that wanted to mimic the example of Lisbon – have afterwards chosen different solutions to reduce the proposals, as well as in an intermediate poll in the very own assemblies' proposal (Cascais) or in prolonged contacts of the city hall technical teams with the proponents in order to favour corrections and merger of proposals (Guimarães and Condeixa).

As in the case of the adoption of an advisory model of PB, and also relating to this problem it would be possible to ask: "Why should we spend so many efforts to undermine the confidence in the process through a splaying model of the proposals that can offer the perception that is once more the "bureaucracy" that directs the final decisions?" The same "extensive" use of information technologies (that facilitates the redundancy and partially forces the splaying phase) could in this sense be questioned as an instrument generator

of suspicion. Because in fact, if on one hand it can assure the inclusion of new players in the PB, on the other it tends to reduce the negotiations between players and a sum of individual preferences and also does not allow a true control of this aggregation by the citizens, as it happens in a back office level, that is, in the backstage, in a dark room that only produces results without allowing a real monitoring of the accounts and the preferences expressed by the participants.

Special consideration should also be given to those cities (very few in Europe but many in other continents) that return the power not only of splaying, but also of decision, for "delegates" or "popular advisors," without going through the potential vote of all the inhabitants in plenary spaces (virtual or present). In fact, in a time where many people are suspicious of all who present themselves as "representatives" of others, this may contribute for a wrong image of the participatory budget. In fact, the choice to trust in small groups of people (although openly elected in previous stages of the process) for important choices can generate mistrust in many citizens, and it can also "disclaim" most participants from the process, as far as - since the delegates from various districts or theme assemblies are elected - the role of the citizens is very reduced. In such path, there is the risk of creation of new "representative spaces" that do not stimulate the population direct growth (in political and pedagogical terms) nor a higher social dynamism built on new horizontal relationships between individuals and groups in the space of "learning by doing" formed by the participatory budget. Due to these motives, many cities prefer that the citizens, in successive classroom spaces, are the ones that splay investment proposals through debates that lead to a reduced and "realistic" number of proposals over which the entire population of a given territory rules by means of methods of prioritization and extended voting, or even local referendum.

The case of Cascais, in Portugal, is very clear in showing that, whenever the reduction of redundancies of the proposals is the responsibility of the citizens themselves, the acknowledge legitimacy of the process regarding the used methods is around 100%, even from whom was not able to approve any proposal (OPtar Cascais 2012). This data allows us to make a general reflection on the importance that the architecture of a process – and its capability of relating its transformation and instruments to the perceptions of the participants – has to determine the success and the very own probation of a participatory path.

¹⁰ In spite of the energies required (in terms of time and personnel) and the risks implied in terms of dissatisfaction of the inhabitants, such procedure of splaying does not seem to be very effective. As it is obvious from the results of the Optar Project, that nowadays monitors a dozen of participatory budgets in Portugal, it seems that most people do not even read all the proposals (which are over 200) and only vote in those they already know or that someone told them to.

"This kind of criticism has been very marked in Italy between 2012 and 2013, in the newborn Movimento 5 Estrelas (5 Stars Movement) vote to choose the candidates for members of parliament and the vote for the unit candidate of the movement for President of the Republic.

5. Looking to the future: some concluding reflections

Today, in the world, there are only three places (two countries, Peru and Dominican Republic, and a province, South Kivu in Congo) where the participatory budgets have become mandatory by law. The existing studies on these areas (Mbera, 2012; Allegretti et al., 2012; Mc Naulty, 2012; World Bank, 2010) present ambiguous and differentiated findings. In fact, many local and regional administrators perceive this obligation as violence, but the local population perceives it as a warranty, and they frequently ask to introduce improvements in old and very rigid laws. At the same time, it seems that the mandatory process generated some positive effects in terms of construction of "prerequisites" for the implementation of good participatory budgets (especially in terms of transparency, efficacy, accountability and construction of redistributive criteria for the resources in the territory), but did not present the capability to "induce" new good practices – which happen only in areas marked by a strong political will. Other methods more centred in the "promotion" of the PB from supra municipal institutions – as it happens in Poland and in Tuscany, or already has been done in Lazio Region or the Province of Malaga (Allegretti, Paño and Garcia, 2011; Allegretti, 2011) have proven more effective, although the possibility of creation of slightly compromised processes and of low democratic intensity represents, in these cases, also a not secondary possibility.

In any way, the above-mentioned situations are a small percentage of the PB that presently exists in the planet. Most other are represented by voluntary processes, that are born from the meeting between different political will of representatives from institutions, social movements, and, more rarely, public servants that work in local administrations. Most of these trials include participatory process with some evolutionary capability in time, that many times are born weakly – that is, with reduced amounts of resources, in limited territories with a marginal role in the net of public policies – and gradually advance through pilot programs and incremental expansions.

In many cases, they have reduced energies to go forward, and therefore privilege action over self-reflection; that is, they move forward intuitively, without monitoring their findings, using only the "intuitions" of the elected administrators and the officers involved in the PB as a guide for the progressive transformation. A smaller number of cases, in the last few years, has been committing to partnerships with universities or non-governmental organizations in order to ensure a more scientific assessment of the participatory processes, and the possibility to study the feedback from the careful listening to the participants and the questioning

of the reasons for its absence offered by the citizens who do not participate. Few are nowadays the examples of cities gifted with PB that are already equipped with the construction of permanent structures (usually called Observatories) devoted to monitor the performance and the impact of participatory budgets, sometimes in the middle of other tasks.

Within the above-mentioned scenario, there seems to exist a limited number of examples of participatory budgets designed as true "trials", seriously grounded, not only in terms of political will, but also scientifically designed to analyse their results and coherently modify its shapes and the manner to establish pro-active relationships between the players. Other PB are only "trials" that happen, but seldom devote the necessary space for a self-critical reflection that sustains transformations capable of increasing the coherence between the declared goals and the means used to reach them, relating to its own sustainability in time. Particularly reduced, is the number of examples of PB that in each step – and especially in the intervals between annual cycles, when there is space and time to introduce the necessary changes in the process operation – try to analyse the perceptions that the processes raise in the players of the territory.

The aim of this chapter was to offer a reflection precisely on this last issue, searching the relationship between the neglect existing in many locations on the "perceptive" aspects relating to the participatory processes and the success of the PB. We could conclude that we have disclosed as such some "weakness" areas in which the perception of the actor could determine a lack of legitimization of the processes themselves. If attention is not paid to these risks, it is easy to imagine that the PB may even represent - at a certain point in its life - a "political boomerang" for its promoters. This result would not obviously be a mechanical fact, but the consequence of an incapability of the promoters to ensure the sustainability of participatory budgets in time by means of a critical reflexive posture, able to listen and value the hypersensitivities that surround participatory processes. The latter, in fact, are very delicate political and power struggle spaces, especially when they bet on the possibility to valorise collective intelligence, the maturing of social capital and the reconstruction of mutual trust between political players e citizens.

In this article, we started by identifying some success factors that literature has highlighted as "determinant" in the construction of successful experience of PB until today. After, we tried to analyse some of the "critical macro areas" (such as the spaces for rules construction or filtering of proposals, etc.) that are part of the organization architecture of the participatory budgets, in order to

understand a series of frequent risks that can threaten the success of the PB (when the transformation of the process happens without attention) and to understand how the same changes could have been faced and understood by the different territorial players.

The indications we have tried to offer to deal with some of these risks have included some concrete examples, but also the identification of the three general principles that could guide the evolutionary transformations of a PB, positively affecting its sustainability: (1) the need to keep constant the incrementally evolutionary character of each participatory process; (2) the commitment to make each transformation, allowing the citizens to continue to perceive themselves as the "centre" of the participatory process; (3) the necessary attention to care for the perceptions of the political players, from which depends the continuation of the process, that need to be pampered and respected by the effort to keep the PB alive and rich (and many times they end up isolated from the political parties or from the other administrators), and they also need a critical and constructive support to avoid that the participatory budget ends up as a cyclic repetition of democratic rituals already emptied of its original "soul".

The most important aspect to underline, to conclude, is that – also when it is not possible to have detailed instruments to test and study the citizens' reactions towards the progressive transformations of the architecture of the participatory budgets and their relationships with the representative institutions, the territory and its population – it is necessary to pay attention and try to imagine what each element that forms a participatory process can determine in the public for which it is directed. Because, in order to activate a "virtuous circle" between the behaviour of the institutions and the benefits brought by participatory innovations, it is not enough that the first ones act honestly and with good intentions, they should take care – at every step – of the impression that their acts are generating in the territory inhabitants.

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DONATA SECONDO PAMELA JENNINGS

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PEDRO PONTUAL

PARTICIPATION AS OF THE GENDER PERSPECTIVE FROM THE ANALYSIS OF SPECIFIC PARTICIPATORY PROCESSES

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