# The V30M Amyloidogenic Mutation Decreases the Rate of Refolding Kinetics of the Tetrameric Protein Transthyretin

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**Abstract.** Transthyretin (TTR) is a homotetrameric protein implicated in several amyloid diseases. The mechanism by which TTR is converted into elongated fibrillar assemblies has been extensively investigated, and numerous studies showed that dissociation of the native tetrameric structure into partially unfolded monomeric species precedes amyloid formation. The small differences observed in the crystal structures of different TTR variants, as well as the thermodynamics and kinetics of tetramer dissociation, do not seem to completely justify the amyloidogenic potential of different TTR variants. With this in mind, we have studied the refolding kinetics of WT-TTR and its most common amyloidogenic variant V30M-TTR, monitoring changes in intrinsic tryptophan fluorescence at different urea and protein concentrations. Our results demonstrate that the *in vitro* refolding mechanisms of WT- and V30M-TTR are similar, involving a dimeric intermediate. However, there are large differences in the refolding rate constants for the two variants, specially close to physiological conditions. Interestingly, tetramer formation occurs at a much slower rate in the amyloidogenic variant V30M-TTR than in WT-TTR, which in the *in vivo* setting may promote the accumulation of monomeric species in the extracellular environment, resulting in higher susceptibility for aggregation and amyloid formation instead of spontaneous refolding.

Keywords: Amyloidosis, FAP, folding kinetics, transthyretin, TTR

# **1. Introduction**

Insoluble amyloid fibrils are found in patients with diseases such as systemic amyloidosis, spongiform encephalopathies and Alzheimer's, among many others [1]. Pathologies such as senile systemic amyloidosis (SSA), familial amyloid polyneuropathy (FAP), and familial amyloid cardiomyopathy (FAC) are characterized by extracellular fibril deposits of transthyretin (TTR) [2]. In certain forms of FAP these deposits are mostly constituted by variants of the protein transthyretin, while in SSA the fibrils consist essentially of wild-type TTR. FAP is an autosomal dominant lethal disease affecting individuals from their twenties in many countries, particularly Portugal, Japan, Sweden, and the USA. The most common type of FAP is associated with the variant V30M-TTR.

Transthyretin is a homotetrameric plasma protein that transports thyroxine and retinol, the later in association with the retinol binding protein [2, 3]. The concentration of TTR in serum ranges from 170 to 420  $\mu$ g/mL and in the cerebrospinal fluid varies between 5 and 20  $\mu$ g/mL [4]. The small structural differences observed in the crystal structures of TTR variants do not seem to justify their varying amyloidogenic potential [5, 6], and a significant effort has been devoted to search for thermodynamic and kinetic factors that may play a critical role on TTR stability, in order to fully understand the molecular mechanism of amyloid formation by TTR. According to calorimetric studies, amyloidogenic and non-amyloidogenic TTR variants are highly stable to thermal unfolding [7]. Moreover, although suggested as rate limiting for amyloid formation [8, 9], tetramer dissociation kinetics do not seem to completely justify the observed spectrum of amyloidogenic TTR variants produce large amounts of partially unfolded monomeric species as a consequence of the marginal conformational stability of the non-native monomers resulting from tetramer dissociation, even in solution conditions close to physiological [10, 11]. Thus, a combination of tetramer dissociation kinetics, monomer conformational stability, and aggregation kinetics may play a deciding role in amyloid formation by TTR [2].

In the present work, we investigate the potential role of refolding kinetics on amyloid formation by TTR. Physiologically relevant TTR concentrations were used, and the refolding mechanism for V30M- and WT-TTR is shown to involve the presence of a dimeric intermediate. The refolding kinetics data also show that, in the absence of denaturant, the refolding process from unfolded monomers to the corresponding native homotetramer is significantly more favourable for WT-TTR than for its amyloidogenic variant V30M-TTR.

#### **2. Experimental Procedures**

#### 2.1. Materials

Recombinant WT- and V30M-TTR were expressed in *Escherichia coli* [12] and purified as described previously [13]. All chemicals were of the highest commercially available purity and were purchased from the Sigma Chemical Company. Fluorescence spectra were performed on a Varian Eclipse spectrofluorometer, with continuous stirring, at 25°C.

## 2.2. TTR Denaturation

TTR concentrations were determined spectrophotometrically at 280 nm [14]. Protein samples were incubated in 2 M guanidinium thiocyanate (GdmSCN) for 12 hours, followed by dialysis against 6 M urea during 10 hours. Denaturant solutions were prepared in 20 mM sodium phosphate buffer, 150 mM sodium chloride, at pH 7.0. The concentration of stock solutions of GdmSCN and urea were checked by their refractive index.

### 2.3. Refolding Experiments

Protein refolding experiments were carried out at several urea and protein concentrations. WT- and V30M-TTR, denatured as described above, were refolded to the desired urea and protein concentrations, by dilution into 20 mM sodium phosphate buffer, 150 mM sodium chloride, pH 7.0, at 25°C.

The refolding reaction was allowed to proceed for 12 hours and was monitored by fluorescence emission at 380 nm, upon excitation at 290 nm. In the case of WT-TTR, the urea concentration ranged between 1.8 and 2.6 M, while for V30M-TTR the refolding experiments were performed between 0.4 and 1.2 M urea. The refolding assays were repeated several times and found to be reproducible within experimental errors.

# 3. Results and Discussion

# 3.1. Transthyretin Denaturation and Refolding

TTR unfolding was chemically induced in two steps as reported in the Experimental Procedures, because tetrameric TTR is highly stable and difficult to denature even in high urea concentrations [15]. The intrinsic fluorescence spectra of TTR (graph inset in Figure 1(a)) show a red shift in the emission maximum upon TTR unfolding, as a consequence of a more polar environment around the tryptophan residues due to higher solvent exposure in the denatured state [10]. Moreover, the fluorescence spectra of denatured TTR in 2 M GdmSCN and after dialysis against 6 M urea overlap, which demonstrates that urea is able to maintain the GdmSCN-induced denatured state of TTR. The fluorescence spectra (graph inset in Figure 1(a)) also show that the refolded species have emission spectra very similar to those of the native tetrameric TTR, with emission maxima of approximately 340 nm, indicating that protein refolding was achieved upon urea dilution. The refolded species of WT- and V30M-TTR were also characterized by size exclusion chromatography and thyroxine binding assays (data not shown), demonstrating that both TTR variants refold to their native tetrameric forms with a very high yield.

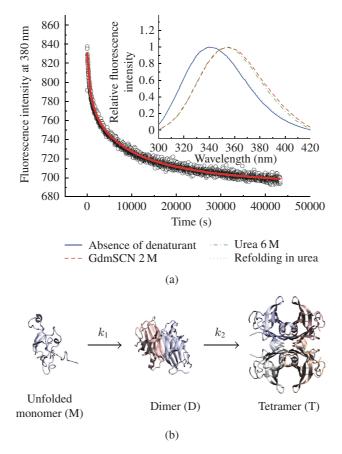
# 3.2. Transthyretin Refolding Mechanism

The refolding kinetic mechanisms of WT- and V30M-TTR were investigated following the changes in intrinsic tryptophan fluorescence at 380 nm, and using different urea and protein concentrations. Figure 1(a) shows an example of the fluorescence intensity changes accompanying TTR refolding as a function of time. Several kinetic models were tested, and the simplest refolding mechanism that better describes the folding and assembly of the TTR tetramers involves three states and one dimeric folding intermediate (Figure 1(b)). The dimeric nature of this folding intermediate may be postulated due to the observed dependence of both rate constants ( $k_1$  and  $k_2$ ) on protein concentration, which indicates the presence of two oligomerization steps. Thus, the simplest best-fitting mechanism to our kinetic data is a folding and assembly mechanism of the type monomer-dimer-tetramer (MDT), and the rate equations associated with this mechanism are listed below:

$$\frac{d[\mathbf{M}]}{dt} = -2k_1[\mathbf{M}]^2,$$

$$\frac{d[\mathbf{D}]}{dt} = k_1[\mathbf{M}]^2 - 2k_2[\mathbf{D}]^2,$$

$$\frac{d[\mathbf{T}]}{dt} = k_2[\mathbf{D}]^2.$$
(3.1)



**Figure 1:** (a) Example of a refolding kinetics experiment for WT-TTR monitored by the variation over time of the intrinsic fluorescence emission at 380 nm, pH 7.0, and 25°C. The curve (solid line) is the fit to the experimental data points using the simplest, best-fitting refolding model. The graph inset shows the spectral differences reflecting the conformational changes of TTR upon unfolding and refolding. (b) Schematic view of the TTR refolding mechanism.

Wiseman and collaborators performed refolding studies with WT-TTR, monitored by a small molecule binding assay, using protein concentrations in the range of 0.72 to  $36 \,\mu\text{M}$  (in monomers), and, in order to globally fit the data for such a wide range of protein concentrations, the authors proposed an atypical monomer-dimer-trimer-tetramer (MDRT) assembly mechanism [16]. However, they suggested that, at lower protein concentrations, a simpler mechanism like the conventional MDT is bound to occur. Our kinetic data, at lower TTR concentrations and using a more direct monitoring method, fits best the MDT mechanism, in accordance to what has been postulated for various homotetrameric proteins [17].

### 3.3. Refolding Rates of the Amyloidogenic Mutant Protein V30M-TTR

The refolding mechanism of WT- and V30M-TTR, at low protein concentrations (1  $\mu$ M to 0.1  $\mu$ M), involves a single oligometric intermediate, dimeric in nature. Both TTR variants refold through this MDT

**Table 1:** Apparent refolding kinetic constants of WT- and V30M-TTR at a protein concentration of  $1 \mu M$  in the absence of denaturant, obtained by extrapolation of the refolding rates at different urea concentrations, using the equation:  $\ln k = \ln k^0 + m[urea]$ .

	$k_1^0 \; (\mathbf{M}^{-1} \mathbf{s}^{-1})$	$k_2^0 (\mathrm{M}^{-1} \mathrm{s}^{-1})$
WT-TTR	$2.2 imes10^6$	$8.1 \times 10^{3}$
V30M-TTR	$1.8 imes 10^3$	$1.9 \times 10^{2}$

mechanism with a high yield. However in the case of V30M-TTR the folding and assembly process is much slower. Table 1 shows the apparent kinetic constants  $k_1$  and  $k_2$ , at low protein concentration and extrapolated to the absence of denaturant. Comparison of the individual kinetic constants for V30M-TTR with those obtained for WT-TTR reveals a noteworthy difference, with the lower rate constants corresponding to the amyloidogenic V30M-TTR. These lower rate constants, in particular  $k_1$ , may reflect the reduced conformational stability of the V30M-TTR monomers compared to WT-TTR [11].

## 4. Conclusions

In conclusion, we showed that the amyloidogenic variant V30M-TTR has much longer refolding times than WT-TTR, and this might be of critical importance to explain the increased amyloidogenicity of this variant. *In vivo*, the slower rate at which refolding and assembly of the native tetrameric form of the amyloidogenic variant V30M-TTR occurs may facilitate the accumulation of monomers of this variant in the extracellular environment, which could result in a higher susceptibility to aggregation and consequently amyloid formation, instead of refolding to the native tetramer.

# Acknowledgments

The authors acknowledge the support of the "Fundação para a Ciência e Tecnologia," Portugal, through Grant PTDC/BIA-PRO/72838/2006 (to R. M. M. Brito) and doctoral fellowship SFRH/BD/43896/2008 (to C. S. H. Jesus). The authors also thank Elsa S. Henriques for critically reading the paper and Cândida G. Silva for advice on integration of differential equations.

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